

DISCOVERIES
FORBIDDEN

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1

BANNED NEWS OF EARLIER PEOPLE

On Tuesday the 3rd of July, 2001, Terry M., a friend and three boys ranging in age from 7 ½ to 17 years, ventured into New Zealand's Waipoua forest for a bush walk and a look at some ancient stone structures therein.

The Waipoua Forest sites were on public land, administered by the Department of Conservation. It was and is the right of all New Zealanders to hike throughout the area, with no known legal restriction posted by the Archaeological Division of DOC.

They were dismayed to find that timber felling was taking place between these ancient structures. For untold centuries these structures had survived – but now they might have an existence numbered in days.

Around 2.30 pm, they returned to their vehicle. This threatening note was tucked under a window wiper:

*“You have entered this area
without prior authority and act
as thieves. The next time you do this
you will be treated as such and suffer loss.”*

What the discovery showed

Between the late 1970s and the late 1980s, some extensive and very expensive archaeological excavations had been conducted in the Waipoua Forest.

Certain information was discovered, which could rewrite regional history overnight. It included evidence of a past Celtic presence. In New Zealand. much of the new information is

astronomical in nature. Local structures also incorporate Northern Hemisphere geodetic, "ring of the Earth" navigational systems and Egyptian/ Indo European measurement standards.



Government clamp

When the significance of the Waipoua information was realised, certain New Zealand Government Departments produced an official archival document, which clearly showed an intention to withhold this archaeological information from the public for a period of 75 years.

The "Embargo" document signed by Archaeologist, Michael Taylor states that neither the general public nor bona fide research workers were permitted to view the results of the digs until the year 2063. This archaeological information was deemed "**top secret**".

When a diligent researcher leaked to the public the news of this ban, many indignant people began writing to the National Archives for an explanation. They asked, why was this embargo put in place? Some questioned the legality of such imposed restrictions. Others contacted

their Members of Parliament to force a release of information being withheld.

Among those who complained that they had no success in accessing the Waipoua Forest Archaeological Report were Noel Hilliam, Curator of the Dargaville Maritime Museum and Joan Leaf, Hokianga based Historian.

You see, in New Zealand, archaeological information, artefacts and skeletal evidence can be deemed secret, with knowledge deliberately withheld in the perceived interests of government policy.

Reason for the ban?

But, **what was so threatening** about archaeological finds that they needed to be "restricted"... How on earth could 2,000 ancient, stacked stone structures pose **a threat to national security?**

For a number of years, it has been taught that the original inhabitants of New Zealand were the Maori. And land ownership claims were being negotiated, based upon this assumption.

So the question arose, was the information derived from the dig threatening to the Maori claim of being the original inhabitants of New Zealand? Was it restricted on the basis that any devolution of such knowledge was disadvantageous to Maori claims of sovereignty?

And what caused Ned Nathan, head of the Te Roroa Archaeological Advisory Committee to exclaim, within earshot of witnesses, '**that's 500 years before we got here!**'? This was allegedly stated as the group held in their hands a dating report.

Clamp removed

So it was that a huge body of historical information was earmarked for suppression and successfully hidden away for 8 years. It would have remained so unless someone was prepared to take up the cudgels and fight for the right to have it where it rightly belongs...in the public domain.

In 1996 researcher, Gary Cook tried without success to get a copy of the archaeological report covering the 70's-80's dig. In the end Gary had to acquire the services of a lawyer, who made submissions to the Ombudsman to force the lifting of the illegal embargo. To my knowledge, the restrictions would have remained in place until 2063, were the legalities not challenged, under law, through an incentive instigated by Gary Cook.

Life threatened

Despite the removal of the ban, everyone is dissuaded from going to visit the structures of the pre-Maori "Stone People".

In early 2000, Denis Welch, journalist for *The New Zealand Listener Magazine*, was told that he was not permitted to inspect the ruins.

In 1999, a film crew from Greenstone Pictures, making a documentary for TV1 titled, *Who Was Here First*, politely asked to film the structures. They also were refused by the Nathans and had to resort to filming Noel Hilliam's old photographs.

According to Martin Doutre, even now, visitors to the area who wish to visit the ruins, may be followed by carloads of locals who threaten them with violence if they don't leave the area. Noel Hilliam, Curator of the Dargaville Maritime Museum was

warned to keep out of that archaeological forest area or his life would be in danger.

* * * * *

The Waipoua Forest **suppression of information** is but one of many attempts to dupe the New Zealand public and rob them of their true historical inheritance.

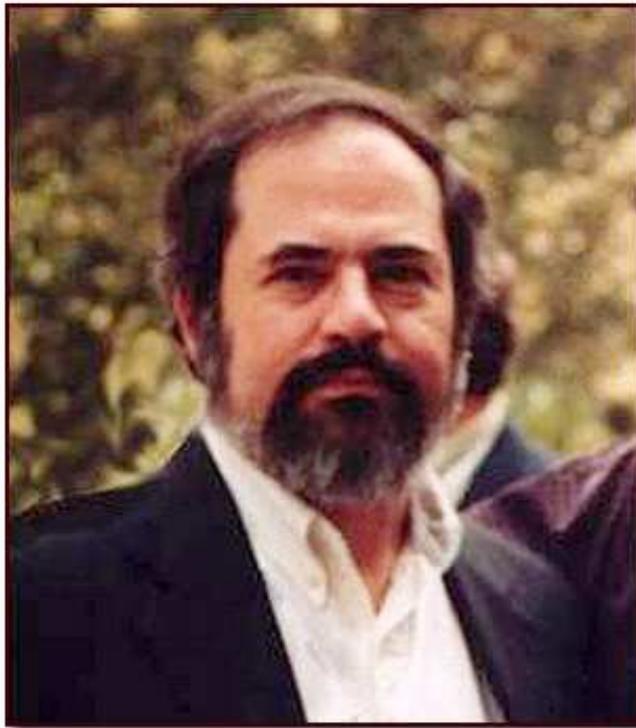
2

BRAVE SCIENTIST MURDERED

On May 14, 2004, Dr. Eugene Mallove was killed, The local police have ruled his death a homicide. This occurred just as his 15-year crusade to get his “new energy research” was about to be vindicated.

At the time of writing, his killer is (or “killers”) were unknown, and the precise reasons for his brutal killing were equally mysterious.

His long-time friend, Richard C. Hoagland, spoke to him the night before the murder, and promised to post Dr Mallove’s appeal for help on his website www.enterprisemission.com



Dr. Eugene Mallove

Dr. Mallove was a scientist and an engineer with two engineering degrees from MIT (1969, 1970) and a doctorate from the Harvard University School of Public Health (1975). He was also a regular science and technology broadcaster for The Voice of America.

TWO MAJOR PROBLEMS

Dr. Mallove pinpointed two major problems of our day:

1. Our traditional energy sources

“Our very troublesome and erratic power grid is doomed to obsolescence,” stated Eugene. He pointed out that “what we have today in the fiery menace of hydrocarbon fuels and its associated geopolitical nightmare is very ugly indeed.”

His aim was to bring about an era of clean abundant energy from the heavy hydrogen in water. “There is almost no area of human activity that would not be dramatically affected by the advent of new energy technology—especially matters of war or peace and health and the environment,” he said.

Eugene Mallove announced that there are at least three major categories of radically new sources of energy that we are on the verge of being able to tap, and to reduce to practical technologies.

(a). New hydrogen physics (a.k.a. “**cold fusion**,” more generally Low-Energy Nuclear Reactions

Here, according to Dr. Mallove, is an “unimaginably large energy reservoir that may be as great as 300 gallons of gasoline energy equivalent within each gallon of plain water! This energy would be non-polluting, would have no hazardous radiation, and would, in effect, have a zero fuel cost. Only one cubic kilometer

of ocean water would provide energy equivalent to all the known oil reserves on Earth.”

He had posted information concerning this on his website www.infinite-energy.com.

“Why aren’t the many politicians who have been informed about this taking action?” asked Eugene. “Are they perhaps fearful of the all-to-common ‘sneer review’ from the Scientific Establishment?”

(b). Aether energy, or **space energy** - vast energy sources from the vacuum state. (Information about this potential energy source can be seen at www.aetherometry.com, www.energyscience.co.uk , and www.aethera.org.

(c). **Environmental energy** - the thermal energy in the environment, which can be converted to useful work

But, you ask, what about solar power, wind power, or hydrogen fuel cells? Those are fine, said Eugene, and his journal *Infinite Energy* devotes some smaller space to writing about these. But a future of abundant, clean energy has almost no chance of emerging from the well-intentioned, beneficial, but extremely limited world of wind-power, photovoltaics, hydropower, and other conventional renewables.

The second major problem in Eugene Mallove’s estimation is:

2. Scientific corruption

To the question, Do you believe that it is possible that modern science has overlooked or ignored major scientific discoveries, which—if developed into technologies— would revolutionize almost every aspect of civilization? – his answer was, **It has!**

He said that the most astonishing truth about modern “official” science is this: *“Official science is not really intent on truly expanding scientific knowledge, in particular when some very, very fundamental scientific dogmas and theories are put at risk.”*

According to Eugene, here is how one famous nuclear science professor at his alma mater MIT reacted to his low-energy nuclear reactions (a.k.a. “cold fusion”).

“I have had fifty years of experience in nuclear physics and I know what’s possible and what’s not!...I will not look at any more evidence! It’s all junk!” —MIT Prof. Herman Feshbach, May 1991, on the telephone to Dr. Mallove

Dr Mallove commented that if by chance you are one of those who believe that “all is well in the house of science” and that “official science” can be counted on to behave itself and always seek the truth—even in matters of central, overarching importance to the well-being of humankind—you are sorely mistaken.

To discover what happened at just one institution, MIT, when a paradigm shift threatened established hot fusion research programs and “vested intellectual interests”, you can read Mallove’s 55-page report at www.infinite-energy.com.

Dr. Mallove said it was time to “reconsider your opinion about who is telling the truth and who is defending falsehood.”

Thanks to meticulous scientific research, huge sacrifices, and tireless work against great opposition, Dr Mallove could state before his death that “we are on the verge of a world of abundant, clean, and safe energy from sources that have no centralized geopolitical control.”

3

THE MAN WITH OUTRAGEOUSLY CLEAN HANDS

Your family and mine owe a debt to this man – but he did not survive his critics. If we would only learn from history, we might have an open mind for “new” ideas.

Young wives were dying like flies! And this crazy man thought he had the answer...

It was as simple as washing hands, he said. But back in 1848 - (which is fairly recently) - your doctor would have assured you that such a simple thing would make no difference. Yes, today we expect it from doctors, food handlers, and everyone else, for that matter. But as recently as 1848, the very thought of washing hands before surgery was considered outrageous!



A revolutionary suggestion

When Dr. Semmelweis, a graduate of the prestigious University of Vienna Medical School, introduced it while assisting in the Vienna Obstetrical Clinic, he was viciously attacked! Dr. Semmelweis required his medical students to wash their hands in chlorine water before they entered the clinic. And do you know, the high death rate from puerperal fever (fever in childbirth) instantly plunged. In fact, the decrease was dramatic.

Seeing this result, the good doctor began to speak out. He pled with obstetricians to attend to maternity patients only after appropriate hand washing.

Snubbed!

The response was a vicious attack on his personal and professional integrity. And from the very hospital where he had just eradicated a cause of death, the doctor was fired.

Dr. Semmelweis spent the next ten years gathering evidence to prove that hand washing would prevent terrible misery and death from childbirth fever. In 1861, he courageously published his research. He distributed the medical text to the major medical societies throughout Europe.

And the response? His findings were totally ignored.

The tragedy goes on

Meanwhile, in Stockholm, Sweden, during just one of those years, it was reported that 40 percent of the maternity patients contracted the fever and 16 percent of those new mothers died.

Still the hand washing prevention/cure continued to be "put on hold" by Organized Medicine. And the deadly fever continued to ravage women.

The end

This preventable death and misery of so many new mothers weighed heavily on Dr. Semmelweis. The poor doctor could no longer cope with the stress. He suffered a mental breakdown. And in 1865 he died.

History repeats itself

Such human tragedies could fill volumes. This same scenario persists in our 21st century on a vast scale – not only in medicine, but in every branch of science. Great discoveries of contemporary gifted researchers are ridiculed, banned or ignored.

Yet, isn't it ironic! At the same time, from the safety of our century, scientific institutions praise those brave pioneers of past ages. And the medical profession of our day credits Dr Semmelweis with a wonderful lifesaving discovery - hand washing.

4

SCIENCE AND MEDIA LAUGHED AT HIM

What can you do when the media, the politicians and the university conspire to deny, suppress and steal your evidence ... then laugh at you as a comedy character? This happened to Val Osborn, a careful researcher for 40 years.

The discovery of a 3,000-year-old mine and harbour on the coast of Queensland, Australia, is set to change Australian, if not world history.

Late in 2000, ABC national radio announced that amateur historian/archaeologist Val Osborn had traced evidence of the early mining endeavors of the Phoenicians around 1000 BC.



The discovery at Freshwater Point, near Sarina, included huge sea walls (one of them 400 meters long) of polished granite set in iron slag cement and copper slags.

Osborn said, “I mean it’s a monstrous thing - you could put three, 200 foot ships end to end there. It’s as calm as a millpond and beautifully engineered.”

There was also found an Egyptian altar and a cemetery.

Slag heaps are abundant with ancient roads, reservoirs, stone-engineered harbours and the usual petroglyphs and grave sites.

This tends to substantiate the evidence in my two books *Dead Men’s Secrets* and *Ark of the Covenant* that Phoenicians and Egyptians visited Australia. Mediterranean expeditions came seeking minerals and exotics such as sandalwood, eucalyptus oil, gems, and so on.

If this find is Phoenician and if it dates to about 1000 BC, then it could be further evidence pointing to voyages by the Red Sea fleet of King Solomon and Hiram of Tyre, mentioned in the Bible.

In an interview with Gilbert Deem, editor of *Truth Hunter*, Val Osborn exposed the lies, deceit and stealing to which the academic world subjected his findings:

Q. Tell us just what happened to cause this ruckus?

A. Sarina Council requested that I give them a report on the sites. I did this and forwarded a copy to Central Queensland University.

Q. What happened after that?

A. Well the council was happy enough and hoped that the controversy would generate tourism as an addition to their economy. The academics however were not so happy, describing it as a ticking “political time bomb which they did not wish to be holding if it exploded.” However their curiosity brought about an investigation by a young archaeologist over five days with a \$10,000 grant. He did not work with me but flatly stated initially that he did not

intend to risk his career with anything apart from aboriginal history at the site. A CQU representative offered to create a museum which would house artefacts and findings but warned that they depended upon government grants for their very subsistence.

Q. What did the CQU report reveal?

A. It was simple enough - confined only to “fish traps and a shell midden.” No other remarks relative to European colonization can be found in this report. I gave him a rudder pintles from a large ship followed by a second pintles found underwater at the ancient boat ramp site. Both artifacts have now vanished. No display eventuated of course. **Today they deny they had been given them.**

Q. So the academics backed off?

A. Yes. When the story broke in the media the academics closed ranks to stamp it out and denied association, however this is par for the course in research. Academia depends on government funding and naturally is subject to government censorship. A CQU representative was interviewed on the six o'clock news. **He was represented as an archaeology expert when in reality he was an art history teacher.**

Q. So no contact with this university since?

A. No. I have been officially discredited.

Q. What about the media - did everything vanish within seven days?

A. Less than that. It was **censored within 24 hours**. The council broke the story and my phone rang non-stop for 48 hours. We had to take it off the hook. Initially I had calls from around the world and the ABC rang for brief interviews until the discrediting on the six o'clock news and from that point on I was relegated to comedy sessions. This is the usual method to reestablish political correctness.

Q. And the newspapers?

A. A reporter and photographer flew in and did a full coverage of one site which was supposed to run in the

Sunday Supplement of a leading Queensland newspaper but I was told later that **a politician killed the story.**

Q. So what happens now?

A. I guess we wait for some PhD. to break ranks and to do a decent job on these sites. As an amateur I can go to jail for digging or for just retaining an artifact. **Officially of course there is no site and there are no artifacts.**

Q. Do we have the expertise in Australia with the experience and knowledge to handle the specific areas of research?

A. Firstly there is **political censorship. You are asking an academic to put his career on the line.** Secondly the history of the ancient seafaring nations is a blank chapter relative to 2000 B.C. to 200 B.C. and only a handful of researchers have the specific knowledge of the ancient Mediterranean sea- trading sagas. In almost every case **such research has officially been erased.**

In this discovery we are talking about 4,000 years of history prior to the British navigator Captain Cook, with Australia well known to ancient sea traders and with the visitors coming and departing on the monsoon trade-winds and the establishment of ancient colonies. This is in direct contrast to the fictions perpetrated by British historians that Australia was discovered and settled as a convict colony in 1788.

A private researcher goes to the media with historical artifacts, the story is smothered, and then academia comes in and cleans out or buries the evidence. The media press releases then become propaganda that deliberately erases any prior British colonial history.

Even so, the proliferation of discoveries by individual researchers outside the system attracts worldwide attention and the establishment will be forced, in time, to reveal the facts.

5

LISA'S "TOP SECRET" ORDERS

Here is another report concerning resistance to publicising discoveries which happen to be at variance with accepted scientific dogma. The truth WILL eventually radiate around the world, as it deserves.

A friend of mine, in recent years, had a long talk with a New Zealand girl called Lisa Kerr. She'd done extensive traveling, like many young New Zealanders, who head out on their traditional OE (overseas excursion).



Lisa, amongst several jobs she got around the world, worked for a while with the New Mexico Park's Department. During her term of employment there was a big "washout" in one of the Park regions and I'm assuming it was up in Pueblo country around Taos. The

flash flood scoured out embankments and in doing so a large number of anomalous skeletons were exposed. Lisa and her colleagues were assigned the task of gathering up the remains and placing them into crates. Also in attendance at the site were Smithsonian Institute officials and FBI agents.

Each day as Lisa and the other Park's Department employees went onto the site, they were searched for cameras. Similarly they were searched as they left the site each day to make sure they weren't removing artefacts. They were also obliged to sign "secrecy documents" ensuring that they would never divulge details of their participation in this undertaking. The reason for this degree of secrecy stems from the fact that the skeletons were of people who were about 8 feet tall. They had six fingers on each hand and six toes per foot. They also had a strange, double row arrangement of teeth.

The crates containing the recovered remains, at the termination of work, were taken away by the Smithsonian officials and, undoubtedly, will never be seen again. Strangely enough, there is a report of two similar skulls having been found in New Zealand's far north around the beginning of the 20th century. Lisa later had official "hassles" when trying to come home to New Zealand and was severely grilled by US government functionaries as she attempted to depart from the US.

Martin Doutré

6

“EXPERTS” SUFFER A CRASH DIVE

AFTER the event had actually occurred, they still called it “scientifically impossible”. And can you guess what the main reason given was, for rejecting it? Here is a classic example of the fallibility of expert reasoning.

“We have built a heavier-than-air flying machine – and we have flown it successfully.”

“You are either crazy or bluffing. That’s impossible.”

The claims of two young bicycle mechanics from Ohio were derided and dismissed as a hoax by the *New York Herald*, *Scientific American*, the United States army and most American scientists.

For five years, from December 1903 to September 1908, Wilbur and Orville Wright kept repeating their claims. During this time, they gave scores of public demonstrations, collected affidavits from local dignitaries, and even photographs of themselves flying.

But despite all this, experts were so convinced, purely on scientific grounds, that it was impossible to fly a heavier-than-air object, that they rejected the claims without even bothering to examine the evidence.

And it was only when President Theodore Roosevelt ordered public trials at Fort Myers that a breakthrough came. That day in 1908 the Wright brothers were able to prove their claim conclusively. So now the army and the scientific press were

compelled to accept that Orville's and Wilbur's flying machine was a reality.

Oh boy! Just a few weeks before the Wrights' first flight at Kittyhawk, North Carolina, one Simon Newcomb, the professor of mathematics and astronomy at John Hopkins University, had written an article in *The Independent*. In it he had shown scientifically that powered human flight was "utterly impossible". He averred that powered human flight would require the discovery of some unsuspected force in nature.

And Rear-Admiral George Melville, chief engineer of the U.S. Navy, had just a year earlier, in the *North American Review*, written that attempting to fly was "absurd".

Their case fortified by the views of such eminent men, *Scientific American* and the *New York Herald* were able to smugly scoff at the Wrights as a pair of hoaxers.

In fact, more than a year after the young men's first flight, *Scientific American* in January 1905 carried an article which ridiculed the "alleged" flights that the Wright brothers were claiming to have made.

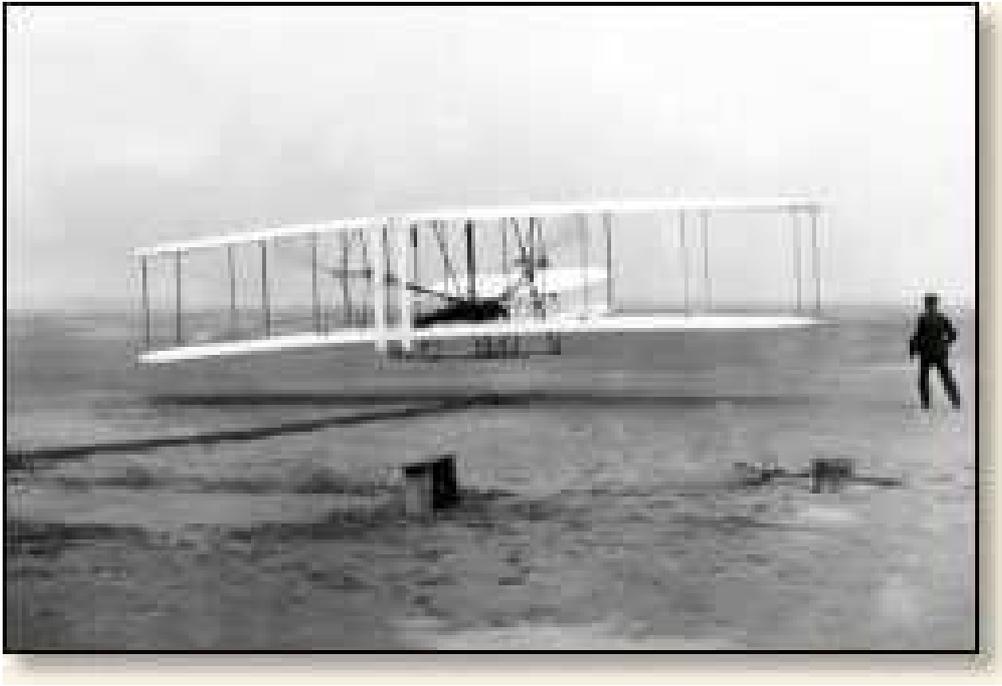
Main reason for the rejection

And what did this scientific magazine give as its main reason for not believing the Wrights? Simply this: that the American press had failed to write anything about them!

Notice what it said:

"If such sensational and tremendously important experiments are being conducted in a not very remote part of the country, on a subject in which almost everybody feels the most profound interest, is it possible to believe that the enterprising American

reporter, who, it is well known, comes down the chimney when the door is locked in his face – even if he has to scale a fifteen-storey skyscraper to do so – would not have ascertained all about them and published them broadcast long ago?”



Wilbur looks on as Orville pilots the first powered flight

Here, then, is one of those delightful quirks of fate that today we see haunting the history of science.

7

DANGEROUS “DISCOVERY”

The atomic clock measures time by the speed of radioactive decay. And this has given ages of billions of years for the earth. But if light was once 10 billion times faster than now, then radioactive decay was faster to the same magnitude. A correction, once made, dates our earth as young! Latest research threatens not just dating, but other accepted theories, as well.

Modern physics is now considering a theory that could throw into confusion virtually all of the accepted temporal paradigms of 20th-century science, including the age of the universe and the billions of years necessary for evolution. Further, it raises the distinct possibility that scientific validation exists for a (gasp) literal interpretation of the seminal passages of Genesis. Goodbye Scopes trial.

The theory is deceptively simple: The speed of light is not constant, as we've been taught since the early 1930s, but has been steadily slowing since the first instance of time.

If true, virtually all aspects of traditional physics are affected, including the presumed steady state of radioactive decay used to measure geological time.

It's an intriguing story – and like many revolutions in science, it begins with observations that just don't fit currently accepted scientific dogma.

Early in 1979, an Australian undergraduate student named Barry Setterfield, thought it would be interesting to chart all of the measurements of the speed of light since a Dutch astronomer

named Olaf Roemer first measured light speed in the 17th century.

Setterfield acquired data on over 163 measurements using 16 different methods over 300 years.

The early measurements typically tracked the eclipses of the moons of Jupiter when the planet was near the Earth and compared it with observations when then planet was farther away. These observations were standard, simple and repeatable, and have been measured by astronomers since the invention of the telescope. These are demonstrated to astronomy students even today. The early astronomers kept meticulous notes and sketches, many of which are still available.



Startled by the discovery

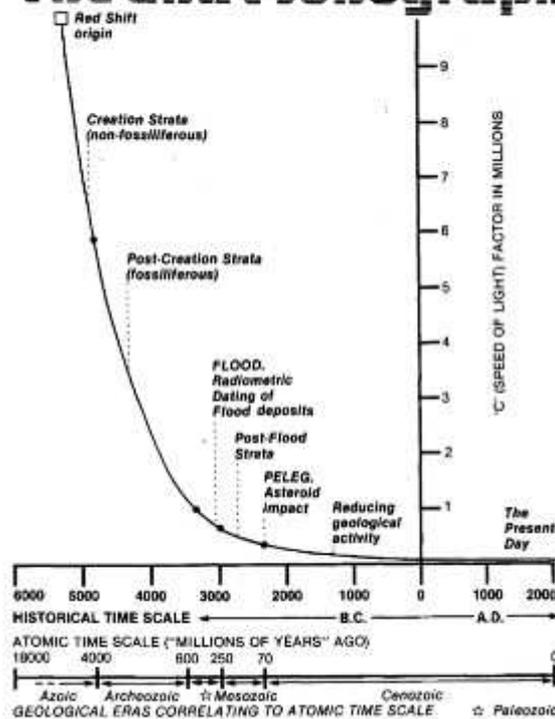
Setterfield expected to see the recorded speeds grouped around the accepted value for light speed, roughly 299,792 kilometers /second. In simple terms, half of the historic measurements should have been higher and half should be lower.

What he found defied belief: The derived light speeds from the early measurements were significantly faster than today. Even

more intriguing, the older the observation, the faster the speed of light. A sampling of these values is listed below:

- In 1738: 303,320 +/- 310 km/second
- In 1861: 300,050 +/- 60 km/second
- In 1877: 299,921 +/- 13 km/second
- In 2004: 299,792 km/second (accepted constant)

The Speed of Light— The 2nd Monograph



Setterfield teamed with statistician Dr. Trevor Norman and demonstrated that, even allowing for the clumsiness of early experiments, and correcting for the multiple lenses of early telescopes and other factors related to technology, the speed of light was discernibly higher 100 years ago, and as much as 7 percent higher in the 1700s. Dr. Norman confirmed that the measurements were statistically significant with a confidence of more than 99 percent.

Setterfield and Norman published their results at SRI in July 1987 after extensive peer review.

It would be easy to dismiss two relatively unknown researchers if theirs were the only voices in this wilderness and the historic data was the only anomaly. They are not.

Others agree: Light has slowed

Since the SRI publication in 1987, forefront researchers from Russia, Australia, Great Britain and the United States have published papers in prestigious journals questioning the constancy of the speed of light.

During 2002 and 2003, Dr. Joao Magueijo, a physicist at Imperial College in London, Dr. John Barrow of Cambridge, Dr. Andy Albrecht of the University of California at Davis and Dr. John Moffat of the University of Toronto have all published work advocating their belief that light speed was much higher – *as much as 10 to the 10th power faster* – in the early stages of the "Big Bang" than it is today. (It's important to note that none of these researchers have expressed any bias toward a predetermined answer, biblical or otherwise. If anything, they are antagonistic toward a biblical world-view.)

Dr. Magueijo believes that light speed was faster only in the instants following the beginning of time. Dr. Barrow, Barry Setterfield and others believe that light speed has been declining from the beginning of time to the historic near past.

The real issue

Dr. Magueijo recently stated that the debate should not be why and how the speed of light could vary, but what combination of irrefutable theories demands that it be constant at all.

Setterfield now believes there are at least four other major observed anomalies consistent with a slowing speed of light:

1. quantized red-shift observations from other galaxies,
2. measured changes in atomic masses over time,
3. measured changes in Planck's Constant over time,
4. and differences between time as measured by the atomic clock, and time as measured by the orbits of the planets in our solar system.

Perhaps the most interesting of these is the quantized red-shift data.

The red shift refers to observations by astronomers of the light emitted by galaxies. Early astronomers noticed that galaxies considered to be most distant from the earth had light spectra shifted toward the red end of the spectrum. In 1929 astronomer Edwin Hubble compared the galaxies' spectra with their presumed distances (calculated using different methods), and showed that the amount of "red shift" was proportional to the calculated distance from Earth.

Hubble and others postulated that the "red shift" was caused by the velocity of the galaxies as they receded from Earth and from each other – the farther away the galaxy, the faster the velocity, the more the observed Doppler red shift. Galaxies whose observed light is seen as shifted into the far red are considered to be moving at amazingly high speeds away from us.

Hubble's theory of the expanding universe demands an even distribution of red-shift data.

Dr. William Tifft, now retired from the University of Arizona, measured and recorded red-shift data for over 20 years. Dr. Tifft found that the red-shift data were not random at all, but grouped into quantum bands.

Quantum red-shift data simply does not fit in the comfortable world of classical physics.

Where it does fit, like it was made for it, is in the Setterfield Hypothesis. According to Setterfield and others, declining light speeds would cause changes in the quantum states of atomic structure within these galaxies, leading to quantum shifts in the light emitted – precisely what Dr. Tifft and others detected.

Setterfield believes that the speed of light was initially about 10 to the 10th power faster than it is today. After the creation of the universe, light speed declined following a curve approximating the curve of the cosecant squared. He believes that light speed reached a point where it is asymptotic since the mid 1960s. Though reasonably constant, he believes the speed still varies in waves – sometimes higher and sometimes lower than the accepted standard.

Intriguingly, recent observations of the signals received from the aging satellites Galileo, Ulysses and Pioneer are also in the category of speed of light anomalies. An unexplained Doppler frequency shift has been detected from all of these satellites, even though the satellites' distances from the Earth are only about 20 times the distance from the Earth to the Sun – way too close for a traditional Doppler shift to occur in the electromagnetic spectrum. NASA scientists have attempted with little success to attribute the anomalies to an unknown acceleration. Setterfield suggests that equally plausible explanations are variations in c .

Resistance from scientific "elite"

It's important to recognize the resistance that the current hierarchy of science has to the possibility that light speed may not be constant. Dr. Joao Magueijo was forced to wait for over a year between submission of his initial work on varying light speed and publication. Setterfield, Dr. Tifft, Dr. Paul Davis, Dr. John Barrow and others have been subjected to peer review which borders on ridicule.

Dr. Tifft's discussion of red-shift anomalies was published with seeming reluctance in the *Astrophysical Journal* in the mid 1980s with a rare editorial note pointing out that the referees "neither could find obvious errors with the analysis nor felt that they could enthusiastically endorse publication."

After Dr. Tifft's initial publication, several astronomers devised extensive experiments in attempts to prove him wrong. Among them, two Scottish astronomers, Bruce Guthrie and William Napier from the Royal Observatory in Edinburgh, observed approximately 300 galaxies in the mid 1990s. They found to their surprise confirmation of quantum banding of red-shift data.

They also had difficulty publishing their data. It has been reported that the prestigious *Journal of Astronomy and Astrophysics* refused publication until an additional set of observations from 97 other spiral galaxies was included. A Fourier analysis of the 302 early data points, and the subsequent total of 399 data points strongly confirmed the quantum shifts.

Despite this – and additional observations by Bell in 2003 – many scientists are still reluctant to give up on the theory that red shifts are solely caused by Doppler shifts and have continued to claim that the red-shift quanta results by Tifft and others are due to sloppy research or insufficient data.

It's intriguing to note that the first measurement of light speed by Olaf Roemer in the late 17th century was an attempt to disprove the Aristotelian belief that light speed was infinite. Despite overwhelming and repeatable evidence, over 50 years passed before the scientific hierarchy of the time accepted evidence which, in retrospect was clear, compelling and unimpeachable.

Chris Bennett

8

SO WILLING TO BELIEVE A “HOAX”

Can scientific prejudices bias us against evidence – even to the extent that we will believe a hoax? A question worth considering.

The director of the Natural History Museum of London, Arthur Woodward, declared a historic discovery in 1912. A Doctor Charles Dawson had unearthed a human-looking skull cap and an ape-looking jawbone from a gravel pit near Piltdown, England. It was “Dawn Man” and proclaimed to be 500,000 years old! The scientific community was convinced. Now they had proof of a transitional creature between ape and man.

Over the next 41 years, some 500 academic dissertations were written on the famous Piltdown Man.

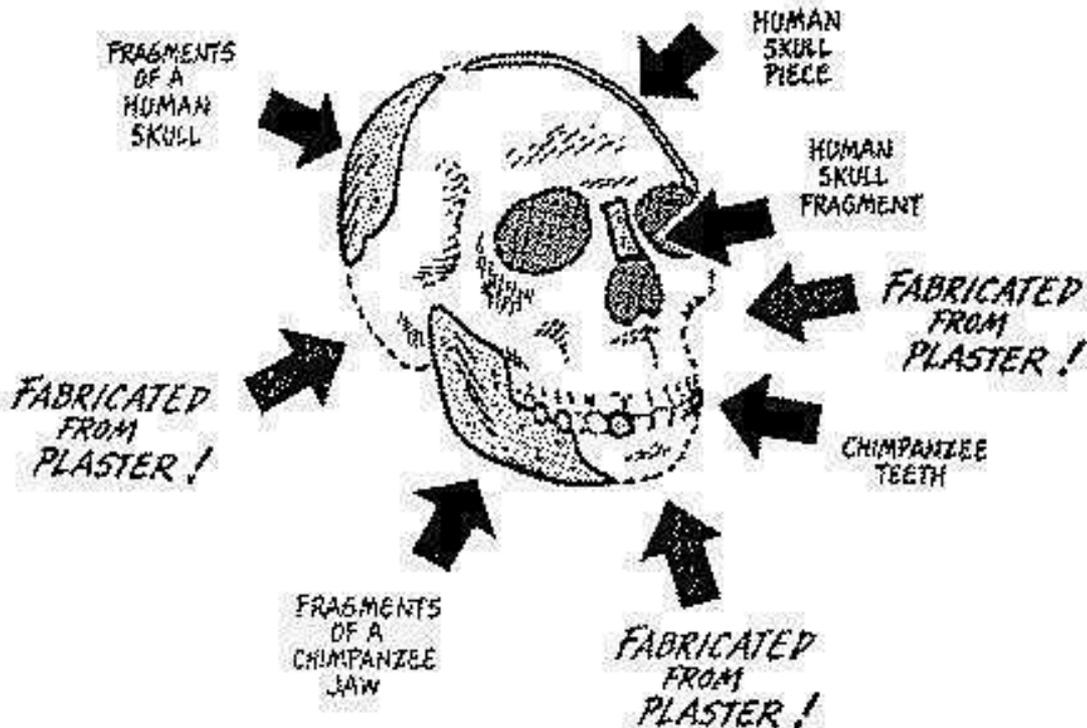
Then in 1953, some scientists finally performed modern chemical analysis on the fossils. They confirmed serious critical reports made years earlier. They found the teeth had been filed to fit, and the bones had been stained to make them look old. The whole thing was a fraud! A fake!

So badly had they wanted to believe it was a missing link, that they taught it as fact to a whole generation of school children.

By the time this hoax was exposed, the public had gotten used to the idea that science had really proven the ape-man theory.

PILTDOWN MAN

Piltdown Man was accepted as the great "missing link" for 40 years until finally exposed as a fraud. Parts of a chimpanzee jaw and teeth had been carefully altered, and then combined with doctored parts of a human skull. Only a very few bones were used, to enable the fabricators to "reconstruct" the skull in the shape of an "ancestral man."



Why were the experts so easily conned?

A significant number of highly respected people were all taken in by a fraud, an extremely crude fraud – with file marks visible with the naked eye!

In this instance, a whole group of people looked to as authorities abrogated their responsibility to the public to be adequately critical of such an important claim.

I speak as an engineer. In engineering, an error of that magnitude would possibly result in a case of criminal negligence against each of the people involved and would almost certainly result in all the people involved being barred from practising engineering ever again.

One may well ask, why were these people so willing to compromise their integrity and not even look closely at the specimens?

As far as can be determined, no serious professional action was taken against any of the culprits, whether dead or alive. Surely negligence of that magnitude requires a formal statement by the professional bodies that those men belonged to? Or did this happen but was not reported?

The bottom line is, how can supposedly professional men be so negligent! And get away with it?

Is it still happening today?

A possible answer

I would like to suggest that it is possible that the "victims" of the hoax were so desperate to find some evidence of the "missing link" that they totally compromised all basic scientific rigor in order to embrace the "evidence".

Why would a respected professor allegedly spend the next twenty years looking for more artifacts and fail to recognize, when he did not find them, that it was probably impossible for just those few bones to be the only items and still be valid? Was he desperate to prove his theory?

These questions speak to the very heart of much of what modern archaeology, anthropology, geology, etc, tell us about our world and where we came from.

Are there other "professionals" who are also so uncritical of their evidence or who are knowingly ignoring evidence or placing the interpretation that suits them on the evidence?

At the heart of the Piltdown fraud, is not the fact that it happened, but the fact that it was believed for forty years when the evidence was there on day one to prove it was a hoax.

Why would any person with any professional reputation knowingly perpetrate that hoax?

It has been suggested that the motive of some of the possible perpetrators was professional aggrandizement.

If that is so, then why was the hoax so crude?

Why were the file marks visible?

Why were there so few bones in the gravel pit?

It seems to me that the hoax was so crude and so amateurish that no one seeking to enhance his professional reputation would have attempted it - or did they have some view of the susceptibility of the "professionals" they were dealing with?

It seems unlikely that any professional would risk his reputation on something so crude.

Possibly an interesting avenue for further investigation?

Are there other hoaxes out there in similar vein?

Why didn't the hoaxer own up?

Another question that might be addressed – I have heard it stated that the motive for the hoax was to humiliate, or in other ways harm or disprove others. If this was the motive, then why did the hoaxer not own up?

Perhaps the hoaxer was so overwhelmed by the ease with which his crude forgeries were accepted that, whoever he was, he did not have the nerve to tell the truth.

Perhaps the magnitude of publicity regarding the find was such that the thought of admitting he had fabricated the evidence was more than he could handle?

Maybe he even feared for his life?

Another view

I would like to suggest that there is another, completely different, way of looking at the essence of "Piltdown Man" and all the other "missing links".

I am aware of some detailed but not widely known research and associated claims which gives a VERY different perspective.

For example:

Data that indicates that all the available dating methods are highly unreliable and have been proven so. Even suggestions that this is deliberately overlooked and used to support preconceived hypotheses.

Massive fossil beds which evidence a massive disruption of the surface of the earth consistent with a world wide flood.

Evidence of a world wide nuclear war about four thousand years ago which suggests that any form of radio-carbon or other radioactive dating method will be fundamentally floored - the level of radio activity on earth has NOT been constant as is generally assumed.

The same evidence suggests that "Australopithecus", "Neanderthal Man" and other missing links might simply have been deformities in the survivors of this nuclear war.

Evidence that mankind between four and six thousand years ago had advanced technology, including advanced map making techniques, flying machines, electricity, etc

That "evolution" is one of the most elaborate fraud's of this generation

That there IS a Creator

and

That the account in the books commonly referred to as Genesis and Exodus are largely accurate from an archaeological point of view.

Including chariot parts and human and horse remains found on the floor of the Red Sea where Exodus says the Israelites crossed.

Including cities in the Jordan Valley, adjacent to the Dead Sea reduced to ashes by millions of burning sulfur balls (brimstone) that fell from the sky as reported in Genesis.

Including a fire blackened mountain top in Arabia that corresponds exactly with the account in Exodus.

Even evidence that "primitive tribes" around the world know the story of a world flood involving a man called "Noah", "Nuh" and other derivatives.

Dr James Robertson PrEng
Web Site: www.JAR-A.com
Republic of South Africa

9

THE FARMER WHO NEARLY WENT TO PRISON

There are many ways to avoid having to face a challenge to one's theories. This tactic would do any corrupt politician proud.

This is the story of some stones that nearly sent a man to prison.

In 1966, Dr Javier Cabrera, of Ica, Peru, was given a stone by a poor local farmer.

You would not consider a stone to be much of a gift. Perhaps this villager, just an average sort of man, did not value it very highly either. But to the educated Dr Cabrera it did mean a lot.

You see, a fish was carved on that stone – and Dr Cabrera recognised it as a long-extinct species. This aroused his curiosity. So much so that he went looking for more such stones he could purchase from the farmer. The village farmer explained that he had collected the stones down near the river after a flood.

Over time, Dr Cabrera accumulated more and more of these strange, carved stones. In fact, it wasn't long before he had amassed thousands of them.

Eventually, word of these “Ica stones” and their potential importance filtered out to the archaeological community. The sophisticated carvings were as puzzling as they were fascinating. Some unknown person or persons had carved men fighting with dinosaurs, men performing operations with surgical equipment and men with telescopes. The stones also contained drawing, it was claimed, of “lost continents”.



A number of the stones were sent to Germany for examination. And there the etchings were dated to remote antiquity.

But, of course, we all know, don't we, that men could not have lived at the same time as the dinosaurs?

Well, eventually the BBC heard of this discovery. It wasn't long before they swooped down to Peru – and the result was a documentary about these strange Ica stones.

As might be expected, the media exposure ignited a storm of controversy. Archaeologists criticised the government of Peru for being lax in enforcing their antiquities laws. (However, between you and me, that was not their real concern.)

The next step was to apply pressure to government officials.

The villager who had been selling the stones to Dr Cabrera was arrested. To his interrogators he claimed to have found the

stones in a cave. However, according to the authorities he refused to disclose the exact location to them.

I tell you, so artfully was this case taken care of, that it would be a great credit to any corrupt politician.

The Peruvian government now threatened to prosecute and imprison the farmer. They offered him a plea bargain. The frightened man accepted. Then he recanted his story and "admitted" that he had carved all of the stones himself. Uneducated and unskilled as he was, he had "carved" all 11,000 of the stones!

Of course, you understand that some of these stones were fairly large – not to mention that they were intricately carved with animals and scenes that the poor farmer could never had knowledge of, unless he was a palaeontologist.

And just think about this. Here was a poor man, who needed to earn a daily living to support his dependents – yet, despite that, he would have needed to spend every day for several decades and do nothing else, just to produce this volume of carved stones.

Never mind, such underlying facts were neither here nor there. The Ica stones were dubbed "hoax" and forgotten.

Handled this way, the case did not require any head-to-head confrontation. There was no need for public discrediting of non-scientists by scientists. The whole matter was disposed of with invisible pressure tactics.

Because it was filed away as a "hoax", the difficult evidence of human co-existence with dinosaurs and of ancient technological knowledge by the ancient carvers never had to be dealt with.

How convenient!

10

BIG BANG THEORY POPS

So many tenuous scientific theories are now under siege. Will the Big Bang theory expire with a puff?

BIG BANG THEORY POPS. So reported *New Scientist*, of 22 May 2004, on page 20.

Eric Lerner of Lawrenceville Plasma Physics, as well as 33 other scientists from 10 countries wrote: "Big Bang theory relies on a growing number of hypothetical entities - things that we **have never observed**. Inflation, dark matter and dark energy are the most prominent.

Without them, there would be fatal contradictions between the observations made by astronomers and the predictions of the big bang theory.

In other words, THEORY does not match the EVIDENCE.

In no other field of physics would this continual recourse to new hypothetical objects be accepted as a way of bridging the gap between theory and observation.

It would, at the least, raise serious questions about the validity of the underlying theory. But the big bang theory can't survive without these fudge factors."

Lerner believes Big Bang theory has predominated in spite of these failings because research grant money is almost completely restricted to projects that set out to prove the Big Bang.

Evidence ignored that does not fit the big bang theory

He pointed out that evidence that does not fit the theory – evidence such as discordant data on red shifts, lithium and helium abundance and galaxy distribution - is ignored or ridiculed. "This reflects a growing dogmatic mindset that is alien to the spirit of free scientific enquiry," warns Lerner.

Furthermore, he states, the theory "can boast of no quantitative predictions that have since been validated."

It is well to remember that the Big Bang theory is based on imaginary items, such as cold dark matter.

Why unpopular ideas don't get published

Lerner correctly, points out the reason unpopular ideas do not get published has nothing to do with science - it is because of preconceived dogma .

Keep that in mind when people ask why our archaeological research does not get published in mainstream scientific journals where the dogma is evolution. We encourage astronomers to concentrate on studying the real universe they can see – rather than getting bogged down with dying theories.

11

BURN THE MAN'S BOOKS!

When Immanuel Velikovsky released his book *Worlds in Collision* in 1950, the reaction was violent.

Astronomers far and wide denounced and decried the man's book.

Academics and scientists, in reviews in reputable journals, as well as in public statements, even criticized some of Velikovsky's works before anyone had read the manuscript. Conferences were held to denounce Velikovsky's theories on catastrophism.

Scientists even threatened to boycott Macmillan, the publisher. Warning was given that the textbooks it published would be banned. Under such pressure, Macmillan withdrew Velikovsky's book from circulation, transferring publication rights to Doubleday. (Doubleday were not as vulnerable – they did not have a textbook department.)

Macmillan burned their unsold copies.

Not only did the scientific establishment rise in arms against Velikovsky's theories, but even against the man himself.

Strenuous efforts were made to block the promotion of his ideas. Efforts were made to punish anyone who supported his investigations.

Approaches were made to universities, scientific societies, publishing houses and the popular press – and threats made. And to control public opinion, social pressures and professional sanctions were invoked.

On November 17, 1979, Velikovsky died, aged 84.

Often a man's theories might conflict with accepted ideas, but not actually conflict with the facts.

So here are the issues: Who determines scientific truth? Who are its guides? What are their credentials to be the high priests? How do they establish their rule of faith? What effect do they have on freedom of investigation? How do they affect public interest?

The behavior of the scientific world, and if adverse, some remedies must be proposed.

In 1969, Michael Polanyi, who was a philosopher and professor of physical chemistry, made a comment, with reference to the persecution of Velikovsky. He admitted that the behavior of the scientific world leaves much to be desired. New ideas in science, said he, are not accepted in a rational manner, based on factual evidence, but instead are determined by random chance, the ruling economic economic/political powers, or the ruling ideology.

12

TOO HOT TO HANDLE

In April 1993, the defence magazine *Jane's International Defence Review* announced the discovery by a British amateur inventor, Maurice Ward, of a thin plastic coating able to withstand temperatures of 2,700 degrees Centigrade

The reason why it was a defence magazine who first published news of this revolutionary invention is that the coating is so resistant to heat that it can make tanks, ships and aircraft impervious to the effects of nuclear weapons at quite close range -- and hence is of great interest to the military mind.

A little later that year the whole nation had an opportunity to see for themselves the effectiveness of Maurice Ward's new paint on BBC Television when it was featured on "*Tomorrow's World*". Presenter Michael Rodd showed viewers an ordinary chicken's egg that had been painted with the new coating. The paint was so thin it was not visible. Rodd then dramatically donned welder's visor and gauntlets, lit up an oxyacetylene torch, and played the flame directly onto the egg for several minutes.

When he removed the flame, and cracked the egg on the table top, viewers were able to see that the coating was so heat resistant that the egg was still raw and had not even begun to cook.

This invention, a simple paint that can render anything impervious to very high temperatures, has been the holy grail of chemical research for more than fifty years. Teams of scientists in the world's greatest industrial and defence laboratories have poured billions of pounds and hundreds of man-years into the search for such a substance -- a quest which made Ward's discovery even more extraordinary.

Ward's invention is remarkable enough, but the story of how he came to make it, and the resistance he encountered in getting anyone to believe him, is even more remarkable.

Maurice Ward comes from Blackburn and has no professional scientific background. The closest he has come to the chemical industry was when, as a young man, he drove a fork lift truck in the warehouse of ICI. For the past two decades, he has earned a living as a ladies hairdresser.

Part of his income was derived from selling his customers hair preparations such as shampoo, conditioner and hairspray. To maximise his income he rented a small workshop, bought standard chemicals and mixed and bottled his own brand hair products.

In the best traditions of Ealing Comedy, it was when playing around mixing up chemicals in his 'skunk works' that Ward stumbled on the formula that had eluded the finest minds in chemical research.

Realising at once the value of his invention, Ward wrote to Britain's major chemical companies, offering to demonstrate his material to them. Every one sent him the standard brush-off letter they send to cranks and crackpots. After the "*Tomorrow's World*" demonstration, Ward stopped getting the brush-off and started getting offers instead.

One consequence of his contacts with chemical companies was that the head of research of ICI's paint laboratory left the firm and went into partnership with Ward to exploit the discovery commercially.

One other interesting consequence is that the large corporations who had rejected his initial approaches in such a knee-jerk fashion, conducted internal inquests to find out what had gone wrong, both with their own research and with their dealings with the outside world.

On the face of it, it was perfectly understandable that Ward's claims should be ignored since he was merely an amateur, with no scientific training and no track record in research.

ICI's own paints laboratory held an internal audit and what they found puts this claim in an entirely different light. For the audit showed that the most scientifically qualified of its research chemists had contributed to the least number of patents, and the fewer scientific qualifications the staff possessed, the greater the number of patents they had contributed to. In the most striking case of all, the person who had contributed to most ICI's patents had no scientific qualifications at all.

It seems that Maurice Ward's greatest strength as a researcher was that he had not been taught how to think.

In the light of examples such as this, the phrase 'Alternative Science' seems less a contradiction in terms and more a harbinger of something that professional science is likely to see more and more of in future.

<http://www.alternativescience.com>

Richard Milton

13

OKLAHOMA: LITERAL COVER-UP

Some time ago, an unusual stone structure was discovered in the East Oklahoma area. It was composed of layered and mitred stones.

Several samples of these stones were taken and analyzed. A report stated that the striations appeared to be the result of extreme heat and rapid cooling over many years -- perhaps several centuries.

This was not surprising, since the structure appeared to be a huge smelt for refining gold ore.

One thing was considered certain. This structure was not the work of the North American indigenous population. .

Gold crystals and red mercury oxide were found in traces on at least one specimen.

Just as Gary Vey of *Viewzone* magazine was about to form an expedition to the site, another huge foundation was located nearby.

On one of the stones, some symbols were noticed. This was of particular interest to Mr Vey, because he had been researching “First Tongue” symbols, which indicated a former “one language” globally.

However, just at this time, men came onto the excavation site and abruptly shut it down. Then bulldozers were brought in to cover the remains with earth.

According to an informed source close to the family that owns the land, the family was threatened with harm, should they ever allow anyone to dig on their land. “Forget what you have seen,” they were told.

The intruders were believed to be from some arm of the U.S> government.

Many such reports of cover ups are heard all over the globe. Ancient sites are shut down or quickly buried by the government in charge.

Why? That’s a BIG story in itself.



14

CANCER CURE BLOCKED

What if I told you that the formula for preventing and even curing cancer has been available for decades? And that this information has been blocked by the very agency that is designed to protect your health - the FDA?

I know it's hard to believe and even harder to accept, but I'm sad to say that it's true. Over 30 years ago a brilliant German research scientist, Dr. Johanna Budwig, discovered that through the combination of two natural foods, we could prevent and even cure cancer. Dr. Budwig even revealed certain manufactured products that were found to be known carcinogens. Naturally, Dr. Budwig wanted to publicize her findings but found her way blocked by German manufacturers with a heavy financial stake in those products. In fact she wasn't allowed to publish her findings in medical journals and had to turn to other means.

Many years later, one man knew that Dr. Budwig's discovery and her documented case histories were too important to keep hidden. So, he traveled to Germany and through exhaustive research and personal meetings with her, became a firm believer. He then dedicated himself to bringing the findings of this seven-time Nobel Award nominee to the American people - but knew it would be a challenge. After all, he knew that for years the FDA had been instrumental in keeping safe, natural cures like these hidden.

He began to search for a publisher with enough courage to join his crusade - and found one in Agora Health Books. And with his dedication and their help, this information has now been made available to you. I implore you to discover for yourself how this remarkable breakthrough can change your life. To

learn more about this black-listed formula go to:

<http://www.youreletters.com/t/102404/5339502/656373/0/>

Scott Schoberg, Manager HSI e-Alert

15

SCIENTIST FIRED FOR DINOSAUR DISCOVERY

This stunning discovery by a published scientist of over 30 years would be the envy of most professional paleontologists and the pride of any university associated with it ... except for two problems.

1. The scientist is a Christian.
2. What he found is an inconvenient truth for evolutionists.

World Net Daily reported recently that a team of attorneys is jumping to the defense of a scientist who was fired after making the stunning discovery of soft tissue attached to a triceratops skeleton. This undermined the belief that dinosaurs roamed earth no less than 60 million years ago and supported the Christian belief that dinosaurs were here only thousands of years ago.

The Pacific Justice Institute said its case on behalf of Mark Armitage alleges that a university official where Mark Armitage worked shouted at him, “We are not going to tolerate your religion in this department!”

The suit against California State University Northridge, filed recently in Los Angeles County Superior Court against the board of trustees, alleges discrimination.

“Terminating an employee because of their religious views is completely inappropriate and illegal,” said Brad Dacus, PJI president.

“But doing so in an attempt to silence scientific speech at a public university is even more alarming.

About the discovery

Armitage was at a dig in the Hell Creek formation in Montana in 2012 when he came up with “the largest triceratops horn ever unearthed at the site.”

Later, while examining the specimen under a high-powered microscope at CSUN, he discovered the soft tissue.

The discovery stunned members of the scientific community because it indicates that dinosaurs roamed the earth only thousands of years in the past rather than going extinct 60 million years ago.

Armitage was then dismissed.



He is in the Microscopy Society of America, the Southern California Academy of Sciences and the American Society of Parasitologists.

School officials previously had described him as “tops.”

“He has patience, great expertise and practices great care.”

But his discovery of the soft tissue, which according to most scientific perspectives should have completely decayed millions of years ago, sent a shock wave through the department where he worked.

16

EXPLOSIVE FIND COVERED UP

In 1971, I was part of an archaeology team from a college in California. A man in southern California discovered a cap stone of sorts underneath about 15 inches of soil on his property.

When he had uncovered the stone in its entirety, it measured about 6 feet long by 4 feet wide and weighed about 1900 pounds. He realized that it seemed there was an empty void beneath the stone, but he was unable to lift it. His suspicion was that he had an ancient Indian burial site on his property.

He called the college; they sent four other men plus myself to check it out. We got there and came to a strong conclusion that it was indeed an ancient burial site.

We arranged with the man, for our archaeology team to come out, lift the stone and check out the site.

Three days later, we arrived on site and began. We lifted the stone, and discovered that it covered the entrance to a man made underground complex of 4 rooms with a total area about 35 feet by 50 feet with stone walls, beams, ceiling and floor which had actual rain drainage grooves cut in it which led into an underground stream.

Inside each of the rooms, were metallic sheets which later turned out to be a variation of **ALUMINUM**.

Each of these sheets had diagrams of **FLYING CRAFT**, incredibly detailed star charts, designs for buildings, pictures of various **SURGERIES** being performed.

The language on the sheets looked familiar, but none of the language experts could decipher them. The best guess was that it may have been a very, very old language that existed during the time or before Sumerian.

Skeletal remains, including skulls found there matched the beings depicted in the pictures and they were about 9 feet in height.

We found the skeletal remains of three of these beings.

We also found down there, what appeared to be clear **PLASTIC** cubes, yet when you exposed them to fire they got icy cold and when you placed them in ice water, they would get very hot.

One of the team contacted the local police to ask if they could guard the site. The very next day, two U.S. Army officers, a major and a captain arrived with 8 army troops and seized the land from us.

Within days, the property was gutted and filled with fresh soil. Overnight, someone broke into our staff office and stole all the pictures and artifacts we'd collected.

When I challenged the army officers about what they were doing, the major looked at me and said, "It would be a shame to have to kill you right here and now."

Nobody can tell me that the U.S. government is not covering up the fact that thousands of years ago there was a very advanced race here on earth.

One of the pictures even showed these humanoids walking among **DINOSAURS**.

Seven years ago, I used the Freedom of Information Act and got nowhere. I even gave them the names of the army officers and

was told there were never any officers with those names.

There is a major cover-up taking place, and it's not just the U.S. government, but the New World Order covering up these facts. It is disturbing that true science gets muted and stifled by the government.

*William Gorentz, Ph.D. February 08, 2006
(email to Jonathan Gray)*

17

ISRAEL COVER-UP ATTEMPT FAILS

They called it a hoax, till I went to prove it so... The unexpected truth shocked me...

It will shock you too.

For 800 years, the Ark of the Covenant was the most sacred object in the world.

In 586 BC, with other precious items from Solomon's Temple, it vanished. At that time Jerusalem was surrounded by the army of Nebuchadnezzar, king of Babylon.

According to Jewish tradition, the temple vessels were taken and hidden in a cave by Jeremiah and the temple priests. Their location was kept secret, then forgotten.

They remained lost for 2500 years.

Artefact found January 1982

When American archaeologist Ron Wyatt, after a 3 year dig, claimed to have discovered the Ark of the Covenant under Jerusalem, he presented one object from the same cave to the Israeli authorities.

This convinced them that he had indeed found some items from the First Temple.

The object was an ivory pomegranate head of the priestly sceptre from Solomon's Temple - positive confirmation that vessels from Solomon's temple had indeed been found.

He was promptly ordered by the host government not to reveal certain information.

I personally set out with a briefcase full of objections against Wyatt's claims. However, intense investigation, repeated visits to dig sites, and privileged viewing of evidence and artefacts left me totally convinced.

But one problem was to arise. It concerned the ivory pomegranate.



Disappears and reappears 1995

The object disappeared. But later in the 1990s it reappeared.

The museum bought the pomegranate from an anonymous collector for \$550,000, with the money deposited into a secret Swiss bank account at the time.

Then the pomegranate was placed on display at the Israel Museum in Jerusalem. Here we photographed it.

The museum authorities had placed a sign next to it stating that it is "a sensational discovery of great significance to the history and archaeology of Ancient Israel...the only known object from the First Temple, built by King Solomon in Jerusalem". In 1995, I showed this to the world so that no critic should feel secure.

Declared a forgery 2004

On December 29, 2004, Associated Press reported that the item had been declared a fake. The report said: "Israeli authorities indicted four antique dealers and collectors Wednesday on charges of running a sophisticated forgery ring that created a trove of fake biblical artifacts, including some hailed as among the most important archaeological objects ever uncovered in the region.

"The forged treasures include an ivory pomegranate touted by scholars as the only relic from Solomon's Temple, an ossuary that reputedly held the bones of James, Jesus' brother, and a stone tablet with inscriptions on how to maintain the Jewish Temple, officials said.

"According to the indictment, the members of the ring took genuine artifacts and added inscriptions to them, falsely increasing their importance and greatly inflating their value.

"After forging the inscriptions, they would paint the items with a coating designed to emulate the patina that would accumulate on the object over thousands of years, the indictment said.

“The work was so sophisticated that it fooled top antiquities experts, and some of the fake artifacts sold for huge sums, authorities said.

“The indictments came less than a week after the Israel Museum announced that the ivory pomegranate, one of its most prized possessions, was a forgery.”

My comment at the time

When this announcement was made, I wrote: “This does not necessarily cancel the genuineness of Ron Wyatt's find. But the crime may well have been the forging of the inscription that is on it.”

Attempt to block impartial experts from examining it

In August, 2007, paleographer Robert Deutsch announced from Tel Aviv:

“Are there no limits to hypocrisy?”

“Why weren’t leading Israeli paleographers allowed to participate in the conference to discuss the authenticity or forgery of the first temple Ivory Pomegranate and present their opinions based on their expertise?”

“Leading paleographer such as Prof. Yosi Naveh (my teacher at the Hebrew University), Prof. Gabi Barkay (my teacher at the Tel Aviv University) and Dr. Ada Yardeni, who probably has the best eye for ancient letter forms (she even invented the fonts which have been given her name). Is their exclusion because some parties ‘Fear the Truth’?”

“Why is the evidence ignored?”

“As a paleographer I have handled and published more than 1000 West Semitic inscriptions, including seals, seal impressions, ostraca, weights, arrow-heads, decanters, jars, impressed handles, coins etc.

“The first rule for me was to authenticate the items by investigating it under microscopic conditions and only then publish them.

“Some fakes observed in private collection were omitted, or published accordingly clearly titled: ‘Questionable or Forged’.

“In my capacity as a paleographer I contacted the Israel Museum for permission to check the pomegranate.

“I was refused!

“It was only after my lawyer appealed to the museum’s director was I allowed to visit the museum and examine the pomegranate.

“The museum informed me that I would not be allowed to use their microscope. Knowing this before my visit I arrived with my personal microscope and its camera.

“Once at the museum the laboratory personnel told me they do not have a table on which I can place my microscope and only after 10 minutes of a dispute they provided me a table, but no chair!

“Finally, the pomegranate was brought into the room but I was immediately informed that I would not be allowed to touch it!

“Therefore, they asked the chief restorer to be present and to move and turn the pomegranate according to my requests (as one can see from the pictures provided by Mr. Shanks, the

attendants of the meeting had the pomegranate for free inspection, they handled it with bare hands).

Alleged "fake" confirmed to be authentic

“In any event, I spent more than an hour and a half checking the inscription on the pomegranate and taking several excellent photographs of the letters.

“My conclusion is unequivocal: the letters were engraved in antiquity, and many letters maintain a fine genuine patina.

“There cannot be any doubt whatsoever, that the fragmentary letters that were damaged, were engraved before the ivory was broken.

“Moreover, the smooth edges of the broken letters, proves that the artifact continued to be used in antiquity even after the damage!

“My conclusions, together with the new pictures photographed at the museum, were presented a few weeks ago at the International Convention of the Society of Biblical Research, July 2007 at the University of Vienna.

Why was genuine artefact declared to be a "fake"?

“One can only speculate what is the exact motivation of ‘honest’ Prof. Yuval Goren and his ‘rubber stamp’ team, to declare a perfectly genuine inscription as a fake?

“I think I can offer a crystal clear answer to this question:

“Prof. Yuval Goren, as also his two colleagues, Prof. Shmuel Ahituv and Prof. Aaron Demski were witnesses who testified in the maliciously called ‘The Ring of Five Forgery Trial’.

“Prof. Goren was supposed to be the prosecution’s key witness, who declared several other un-provenanced genuine artifacts, as fakes.

“Therefore, Hershel Shank’s attempt to discover the truth is an exercise in futility; Yuval Goren simply can not admit mistakes, or afford to change his view, simply because his prestige is in question and his testimony in court would collapse as unreliable!

“But what else is new under the sun?”

(<http://lootingmatters.blogspot.com/2007/08/intellectual-consequences-for-biblical.html>)

Reasons it was labelled a "fake"

The big problem here is religion and ideology (both political and disciplinary). I have had these discussions with native Israelis, archaeologists, anthropologists and others. Here is what I have learned:

1. A "threat to peace"

Some members of the Jewish government (including some archaeologists) who are more 'minimalist' in their view of the Bible and its historicity see solid archaeological evidence that upholds the historicity of the Hebrew Scriptures as a threat to Arab/Israeli peace.

They feel that undermining Israel's history in the Holy Land will enhance prospects for peace.

2. Would "undermine Israel's right to exist"

Other Israelis who are more theologically conservative or 'maximalist' in their view of the Hebrew Bible see an item like the 'brother of Jesus' ossuary as a threat to Israel's right to exist by way of 'Christian Supersessionism' meaning that any find that significantly 'proves' the New Testament will undermine Israel's right to exist.

This came out in discussions when the James ossuary was only being examined by Israeli but not Christian scholars. Pretty amazing, seeing that so many conservative evangelical Christians are now somewhat Zionist in their outlook politically.

3. Non-religious anti-Bible bias

Since many (not all) archaeologists are materialistic in their outlook and less likely compared with the past, to be religious in nature, there is often a presumption or bias toward sacred texts, and any kind of evidence in the archaeological record that confirms Scripture is treated with great skepticism.

A little skepticism is healthy, but it is fairly dogmatic in the archaeological circles I have traveled in over the last 20+ years.

Not a small number of faculty I knew at the University of Minnesota did not even believe there was such a person as a historical Jesus. Anything related to the Bible was right up there with Grimm's Fairy Tales or entirely borrowed from neighbors like Egypt.

Update: "pomegranite inscription authentic"

On December 16, 2008, Biblical Archaeology Review wrote, under the heading "Leading Israeli Scientist Declares Pomegranate Inscription Authentic":

"An Israeli scientist employed by the defense in the Jerusalem forgery trial has concluded that the inscription on the famous

ivory pomegranate (“[Belonging] to the Temple of [Yahwe]h, consecrated to the priests”) is authentic.

“If the inscription is authentic, the pomegranate is probably the only surviving artifact from Solomon’s Temple.

“Professor Yitzhak Roman of the Hebrew University examined the pomegranate under a Scanning Electron Microscope (SEM) to reach his conclusions. In the 1990s he was the academic director of Hebrew University’s SEM.

“A committee led by Tel Aviv University’s Yuval Goren had previously concluded that the inscription was a forgery because three critical letters adjacent to an ancient break stopped before the break.

“The forger was apparently fearful of breaking off more of the pomegranate if he went too close to this fracture.

“The pomegranate itself is admittedly genuine.

“However, Professor Roman’s examination showed that the three critical letters, contrary to Yuval Goren’s finding, did in fact go into the ancient break.

“This was the same conclusion reached by an examination of the pomegranate at the Israel Museum sponsored by the Biblical Archaeology Society on May 3, 2007: The three letters clearly go into the break.

“In addition, Professor Roman examined the patina inside the letters of the inscription.

“The committee that found the inscription to be a forgery had concluded that this patina was somehow glued into the surviving letters of the inscription.

“Professor Roman found 11 different elements (some just trace amounts) in the natural patina. But he found no evidence that the patina had been glued.

“Whether anyone will ask Professor Goren for his reaction to Professor Roman’s devastating report is not yet known.”

18

BODIES IN THE COAL MINE

Coal miners in West Virginia were working over one mile below the surface when they broke through a seam into an air pocket. (This had once been a water pocket.)

What they saw horrified them. Here, in coalified form, were human bodies; not just skeletons, these were bodies with noses, fingers, everything. They were on the floor, in the sides, and in the ceiling of the air pocket.

Immediately the area became a place of restricted access. Authorities rescinded the permit of the mining company to operate there.

The spot was then permanently flooded and filled with silt. Soon a dam was built over that very piece of ground and the locality has become a reservoir. How convenient!

Who gave directions to cover up this discovery? What is so threatening about the concept of catastrophe?

How deep is the swamp of lies, cover-ups and deceit in the scientific world?

Would you like to know the main, underlying reason why the evidence is rejected?

It is about protecting the "sacred" evolution theory. The evolution theory says that coal deposits were formed over millions of years, long, long ages before man ever appeared on earth. So the two should never be found fossilised together.

In contrast to that is the Bible record that there never was a gradual evolution of one thing followed by another, but that ancient forests (which were to become coal) and ancient man were destroyed together during a global cataclysm known as the Great Flood.

If the global Flood really occurred, there should be:

1. Thousands of feet of water-deposited sedimentary rock layers covering most of the planet. And there is.
2. Evidence that many creatures have become suddenly extinct from the event. And there is.
3. Buried remains of all manner of life forms found mixed up in the sedimentary layers. There is.
4. The discovery of human remains (artefacts, footprints and skeletons) at many different depths in the Flood-produced rocks and also in the coal beds. And this is precisely what IS found!

The fossil evidence does NOT prove gradual, nor punctuated, bursts of evolution up to man.

If a Great Flood did bury all forms of life in one enormous disaster, THEN THE EVIDENCE FITS. Most stratified rock is the result of debris laid down by water during the Great Flood. None of this strata is millions of years old. Most of these earth layers were laid down, along with human remains, during the Flood.

Believe it. This has become a battle between two “religions”.

Did it ever occur to you that evolution theory is really a religion? Let me explain.

When Darwin offered his “Origin of Species” theory, many gladly embraced it as an alternative to “God.” They wanted God out! Out of their lives, out of their memories. A hypocritical Church had turned them off. Darwin’s evolution theory gave them an “out.”

Evolution makes definite statements about God. It states that we have destiny in our own hands, that God plays no part in the processes around us; that we shall never answer to any God. Evolution is an atheistic religious belief – a religion and a philosophy. That’s the bottom line regarding the evolution theory.

As one evolutionary scientist puts it:

“In fact, evolution became in a sense a scientific religion; almost all scientists have accepted it ***and many are prepared to ‘bend’ their observations to fit*** in with it.” (H.S. Lipson, Professor of Physics, University of Manchester, "A Physicist Looks at Evolution", *Physics Bulletin*, Vol.31, 1980)

The major issues at stake are at long last being clarified by evolutionists themselves – the DELIBERATE CHOICE of not wanting to invoke the Creator.

Dr. Michael Walker, Senior Lecturer in Anthropology, Sydney University, has said:

“One is forced to conclude that many scientists and technologists pay lip-service to Darwinian theory only because it supposedly excludes a Creator.” (Michael walker, Senior Lecturer in Anthropology, Sydney University, *Quadrant*, October 1981, p.44)

You see, evolution is not “just another” scientific theory. Evolution is really a faith and heart commitment, a complete world-and-life view; in other words, a religion.

Evolutionary scientists dismiss the Great Flood for religious reasons... and not on objective reasons based on geological or ancient historical data.

Often, their furious rejection of any theories involving the supernatural seems almost pathological.

We take it for granted that the scientific Establishment is run by men who are all clean and honest. Jenny, wake up. Face the truth! You have no idea of the depth of corruption at the top, nor of the extreme measures taken to block the truth. Or how many scientists are fired when they renounce evolution. It is not surprising that evidence is frequently destroyed.

19

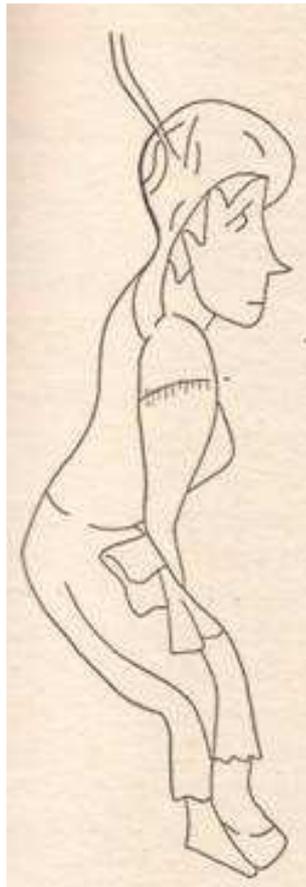
"YOU'RE NOT ALLOWED TO SEE THIS"

Another sacred cow (taught to us all) is that "cave men" were primitive.

But did you know, ancient engravings from a cave at Lussac in France show them as modern-looking people, wearing pantsuits, belts, boots, coats, hats and with handbags (that is, the women) and the men with clipped beards and moustaches.

How embarrassing for the popular dogma! Is *that* why the public are officially banned from seeing them?

Is this information *too dangerous*?



20

SMITHSONIAN DUMPS EVIDENCE AT SEA?

Now let me push this further: WHY does the hallowed Smithsonian Institution continue to suppress evidence for advanced ancient American cultures, evidence for ancient voyages of various cultures to North America, evidence for giants, and so on?

WHY does the Board of Regents still refuse to open up its meetings to the news media or the public?

If Americans were ever allowed inside the 'nation's attic', as the Smithsonian has been called, WHAT skeletons might they find?

And *is it really true*, as reported, that the Smithsonian loaded embarrassing archaeological items onto a boat and had them dumped into the Caribbean Sea?

Witnesses speak up

On one of my guest appearance on Coast to Coast AM radio which broadcasts on more than 600 stations in the U.S., as well as Canada, Mexico and Guam, I raised this issue. Sometime after this, an email came in from one of the listeners, who said:

"I just listened for the first time, to your interview on Coast to Coast with George Noory and I am in a word, Fascinated. I can corroborate your statement regarding the dumping of artifacts into the ocean because of a conversation with a Gulf War Vet that said he personally dumped dozens of artifacts into the ocean during that specific time. Some were Clay Tablets. Interestingly this conversation happened maybe 25 days ago and was

completely unprompted. I knew nothing of this before. And now this. Jim West, USA"

And I received this email from another listener:

"You mentioned on radio that the Smithsonian Institute dumped a boat-load of artifacts that did not fit the evolution theory in the Caribbean Sea.

"I'm a tugboat captain (you can Google my name and learn I'm legit... I've literally "written the book" on tugboating!) and I can confirm that your mention on Coast to Coast AM of artifact dumping is 100% correct.



"For just under 3 years (during 2002 through 2005) I worked out of the Philly Naval Yard as a sub-contractor, with a low-level security clearance, on two projects - and I gained 1st-hand knowledge of this practice. We sunk a tremendous amount of materials for the U.S. Government.

"You really inspired me to not hold back anymore at all.

"Email me if you are interested in specific details and I'll dig up my old logs in storage and see what I wrote down. I keep

detailed work logs, to make sure details are remembered correctly.... I know I put what I learned in those logs. They are here, at home, but just down in storage. Not hard to dig out. Franz von Riedel, Zenith Tugboat Company, Duluth, MN and Charleston, SC, USA"

We may ask, What else is going on?

APPENDIX

By Ken Adachi, Editor@educate-yourself.org
<http://educate-yourself.org/fc/>

All information posted on this Appendix is the opinion of the author and is provided for educational purposes only. It is not to be construed as medical advice. Only a licensed medical doctor can legally offer medical advice. Consult the healer of your choice for medical care and advice.

Introduction & Overview

There are a number of alternative healing therapies that work so well and cost so little (compared to conventional treatment), that **Organized Medicine**, the **Food & Drug Administration**, and their overlords in the **Pharmaceutical Industry** (The Big Three) would rather the public not know about them. The reason is obvious: Alternative, non-toxic therapies represent a potential loss of billions of dollars to allopathic (drug) medicine and drug companies.

The Big Three have collectively engaged in a **medical conspiracy** for the better part of 70 years to influence legislative bodies on both the state and federal level *to create regulations that promote the use of drug medicine while simultaneously creating restrictive, controlling mechanisms* (licencing, government approval, etc) designed to limit and stifle the availability of non-drug, alternative modalities. The conspiracy to limit and eliminate competition from non-drug therapies began with the **Flexner Report of 1910**.

Abraham Flexner was engaged by **John D. Rockefeller** to run around the country and 'evaluate' the effectiveness of therapies taught in medical schools and other institutions of the healing arts. Rockefeller wanted to dominate control over petroleum, petrochemicals, and pharmaceuticals (which are derived from 'coal tars' or crude oil). He arranged for his company, **Standard Oil of New Jersey** to obtain a controlling interest in a huge German drug cartel called **I. G. Farben**. He pulled in his stronger competitors like **Andrew Carnegie** and **JP Morgan** as partners, while making other, less powerful players, stockholders in Standard Oil. Those who would not come into the fold "were crushed" according to a Rockefeller biographer (W. Hoffman, *David: Report on a Rockefeller* {New York:Lyle Stuart, Inc., 1971 }page 24.)

The report Flexner submitted to The **Carnegie Foundation** was titled "Medical Education in the United States and Canada". Page 22 of the report said: "the privileges of the medical school can *no longer be open to casual strollers* from the highway. It is necessary to install a **doorkeeper** who will, by critical scrutiny, ascertain the fitness of the applicant, a necessity suggested, in the first place, but consideration for the candidate, whose time and talents will serve him better in some other vocation, if he be unfit for this, and in the second, by consideration for a public entitled to protection from those whom the very boldness of modern medical strategy equips with instruments that, tremendously effective for good when rightly used, are all the more terrible for harm if ignorantly or incompetently employed".

All too often, politicians are prepared to enact laws that rob citizens of yet another constitutional

freedom under the banner of "public protection". Needless to say, congress swallowed the recommendations of this report hook, line, and sinker. It was decided that the **American Medical Association** (AMA), would be the "doorkeeper". The AMA was now empowered to certify or de-certify any medical school in the country on the grounds of whether that school met the AMA's standards of "approved" medicine.

The AMA came into existence in 1847. It is a private organization of allopathic physicians which serves the interests of its members, especially when it comes to influencing favorable legislation. It functions in every sense of the word as a **union**, although its members wear white collars instead of blue. Giving the AMA the power over the certification of medical schools is the equivalent of giving the Teamsters Union the exclusive right to decide on the laws of interstate commerce and transportation. Is it any wonder that the total number of medical schools in the United States went from 160 in 1906 (before the Flexner Report) to 85 in 1920 and further down to 69 schools in 1944? A little like putting the fox in charge of the hen house, no?

Not surprisingly, Flexner 'found' that any discipline that didn't use drugs to help cure the patient was tantamount to quackery and charlatanism. Medical schools that offered courses in bioelectric Medicine, Homeopathy or Eastern Medicine, for example, were told to either drop these courses from their curriculum or lose their accreditation and underwriting support. A few schools resisted for a time, but eventually most schools cooperated (or were closed down). A similar scenario was played out in Canada. It was attempted in England against Homeopathy, but it failed due to the personal

intervention of the Royal Family who had received much relief and healing at the hands of Homeopathic healers in the 19th century. By the way, the AMA was found guilty of conspiracy against chiropractors in 1987 by a federal judge and fined a couple of million dollars. Here in America, a relentless campaign of misinformation, fraud, deception, and suppression of alternative therapies and healers has been in place for the better part of this century **in order to keep highly effective alternative therapies from reaching any significant plateau of public awareness.** Control is exerted through "news items" and propaganda from pro-establishment organizations like *The American Medical Association, The American Cancer Society, The Diabetes Foundation*, etc.; local medical boards; and government agencies like the *FDA, The National Institute of Health (NIH)*, and *The National Cancer Institute (NCI), The National Academy of Science*, etc. with the full cooperation of main-stream media of course .

Over the past decades, hundreds of caring, concerned, and conscientious alternative healers have been jailed and abused like common criminals for the "crime" of curing people of life-threatening diseases in an "unapproved" manner by heavy-handed government agents who swoop down on clinics with drawn guns, flax jackets, and Gestapo manners. All the while, these same agents and agencies posture themselves before TV cameras and the public under the ludicrous pretense of being servants of the people and protectors of the common good.

The medico-drug cartel was summed up by J.W Hodge, M.D., of Niagara Falls, N.Y., in these words: *'The medical monopoly or medical trust, euphemistically called the American Medical*

Association, is not merely the meanest monopoly ever organized, but the most arrogant, dangerous and despotic organization which ever managed a free people in this or any other age. Any and all methods of healing the sick by means of safe, simple and natural remedies are sure to be assailed and denounced by the arrogant leaders of the AMA doctors' trust as fakes, frauds and humbugs Every practitioner of the healing art who does not ally himself with the medical trust is denounced as a 'dangerous quack' and impostor by the predatory trust doctors. Every sanitarian who attempts to restore the sick to a state of health by natural means without resort to the knife or poisonous drugs, disease imparting serums, deadly toxins or vaccines, is at once pounced upon by these medical tyrants and fanatics, bitterly denounced, vilified and persecuted to the fullest extent.'

At long last, however, the public's consciousness seems to have finally reached a critical mass and is now beginning to seriously question the efficacy and appropriateness of using orthodox therapies and allopathic medicine in general. Thank God. It's been too long overdue.

Understanding the Nature of Ill Health and Disease

The entire approach and foundation of Orthodox Medicine is based on Luis Pasteur's *Germ Theory*, a flawed concept. A disease condition is viewed by the orthodoxy as an isolated event, confined to the area in which it manifests itself (E.g. an ear infection, eye infection, gum infection, lung cancer, skin cancer, etc.). Under this theory, *for unknown reasons*, microbes or tumors indiscriminately grow in the patient and must be cut (surgery), burned (radiation), or poisoned (drugs) out of the body. In the orthodox

model, the solution is sought through **mechanical** and **chemical** means. Seeking to understand WHY the infection or disease condition appeared in the first place, is not seriously explored. The quick fix with a prescription for drugs to smother the symptoms is the typical orthodox 'answer'.

A contemporary of Pasteur, **Antoine Beauchamp**, had a different opinion as to why disease conditions 'took hold'. Beauchamp felt that the ENVIRONMENT, or the ECOLOGY of the blood played the critical role in deciding whether disease conditions would manifest or not.

Alternative medicine explores the **stressors** (environmental, biological, chemical, psychological, and emotional) in a patient's life that cause a *weakening* of a particular energy field; which in turn allows the manifestation of a disease condition in a weakened area. In order to maintain a state of health, all energy systems within the body need to exist in a state of **balance** or **equilibrium**. Imbalance leads to conditions of discomfort (dis-ease) which eventually spirals into ill health if not corrected. The Chinese and Indians (Ayurvedic medicine) had worked all of this out **thousands of years** ago.

Orthodox or Allopathic Medicine utilizes poisonous substances (drugs) in non-lethal dosages in order to suppress symptoms in an affected area. *This approach neither addresses the cause of the disease condition, nor is it responsible for healing the patient.* Rather, the use of drugs often will **temporarily mask** the outer manifestations of the malady, while at the same time, drive the disease deeper into the body...**only to reappear at a later date, as a more serious, and chronic health threat.** One of the many flaws of the orthodox approach is

that it focuses on the disease condition itself, *rather than the patient*. The term **wholistic** (or holistic) originally sprang up to distinguish those physicians whose diagnostic gestalt considers all of the physical, emotional, and spiritual energies interacting with the patient.

Do not assume that the only difference between allopathic and alternative medicine, however, is an honest difference of opinion in the philosophies and views on the origin of disease states. Hardly!. There is, in truth, a concerted, organized agenda - concocted, planned, and contrived by the international pharmaceutical companies and organized medicine *to suppress any and every alternative, non-drug therapy that WORKS*. Why?

Because they want people to keep on coming back for more treatments and more drugs.

A *cured* patient is a lost source of income. A sick patient who is marginally "improved" is a *manageable* patient.

Managing patients means routine office visits and renewing of drug prescriptions. Therefore, a manageable patient is a continuing source of income; a cash cow if you will. Multiply that by a few hundred million people and you get an idea why this deceit is being put upon you. The profits from the so called "health-care" industry are staggering!

The thrust of the orthodox pharmaceutical agenda is to provide **temporary relief**, while never addressing the **cause** of the disease condition. This agenda insures regular visits to the doctor's office and requires the patient to routinely return to the pharmacy to refill his prescriptions. This is what the game is all about folks, plain and simple. Deny it or

Deal with it,...Stick with it or Get Out of it! ... your choice.

Natural Healing

The patient's immune system and the immune system alone is responsible for healing and recovery from ill health. **The use of drugs and vaccines represents an assault on the immune system.** In some cases, the use of a particular drug might be a wise choice to speed healing and recovery for the patient, but the use of natural, orthomolecular therapies and substances (substances normally found in Nature) that can more effectively address the cause of the disease should be **considered first** because natural substances work in *harmony with Nature*. They aid and stimulate the body to truly cure itself, without the terrible millstone of drug side-effects.

The human body is predisposed to heal itself and to exist as a healthy, thriving organism. We inhibit that process by ingesting unhealthy foods, fouling our inner environment with toxins, and relying upon poisonous substances to treat disease conditions.

Unlike 'miracle drugs' and other 'drug breakthroughs', you will never see or hear anything from mainstream media about most of the therapies described here. The Big Three see to that, but you can still glean this information from the alternative health press, books, web sites, and at health expos. Some of these alternative therapies require high-tech equipment and specialized knowledge, but many, many others can be done at home without third party intervention or supervision. It's amazing, but true, that **many of the most effective healing therapies** (even for grave, life-threatening disease conditions) are **simple things that you can do for yourself at**

home. You simply have to **educate yourself** and **take responsibility** for your own health.

The following is a brief overview of some alternative therapies that have demonstrated themselves to be effective and readily obtainable, usually at a low to modest cost. This list is far from complete. As time permits, the description and scope of these and other therapies will be added to, and expanded upon.

Oxygen Therapies

Hyperbaric Oxygen Therapy (HBOT)

Oxygen therapies encompass more than the application of regular oxygen (O₂), although regular oxygen can speed and assist healing; especially when used in higher-than-normal concentrations and under pressure, such as used in **Hyperbaric Oxygen Chambers**. Hyperbaric Oxygen Therapy (HBOT) has been traditionally used for rapid detoxification in acute situations, but it also has shown to be extremely efficacious for new **stroke victims**. It has been found that almost all of the usual conditions (paralysis, slurred/ no speech, etc.) associated with a stroke can be **minimized or eliminated entirely** by subjecting the patient to a hyperbaric oxygen treatment within the first 36 hours of a stroke. The quicker the patient can be treated from the onset of the stroke, the better the results. Even cases started a few days or even weeks after a stroke have shown remarkable results. HBOT has also proven helpful in **cases involving other forms of brain damage as well.**

Singlet Oxygen Therapies

Oxygen atoms can be configured into certain quasi-stable arrangements that will allow a single oxygen atom to be released. This atom is called a singlet oxygen (O1) . For therapeutic purposes, single atoms of oxygen can be released from hydrogen peroxide (H₂O₂) which breaks down to water (H₂O) and a singlet oxygen (O1), and also from ozone (O₃), which reduces to oxygen (O₂) and a singlet oxygen . When a singlet oxygen atom is released within the body, it is **highly reactive** and will oxidize (reduce or break down) the molecular structure of undesirable and harmful organisms (bacteria, foreign proteins, etc.) and diseased tissue (E.g. cancer cells). This high-energy form of oxygen (O1) possesses a greatly enhanced healing capacity than that exhibited by regular oxygen (O₂).

Hydrogen Peroxide

A bottle of 3½ % Hydrogen Peroxide is available in any pharmacy for under a dollar and can be used daily to keep the mouth and gums germ-free (always use full strength and try to retain in the mouth as long as possible). It should also be conscientiously applied to disinfect any type of oral infection, cut, sore, or wound that one may encounter. For external use, the drug store variety of hydrogen peroxide is OK, but it does have some low levels of contaminants in it. For internal use, it's wiser to use **Food-grade hydrogen peroxide**. You can make your own 3½ % hydrogen peroxide by diluting 35% food-grade hydrogen peroxide by a ratio of 10:1 with distilled water. However, that should not stop you from using pharmacy-grade hydrogen peroxide externally- if you are in normal health. People trying to recover from serious diseases such as AIDS or

cancer need to be more concerned about ingesting contaminants. 35% Food-Grade Hydrogen Peroxide is available at many farm supply outlets and by mail order. Since it's more concentrated, 35% hydrogen peroxide can produce spectacular results when intelligently applied. Hydrogen peroxide can also be applied either internally as injections (directly into a cancerous tumor for example) or intravenously into the blood stream. If properly diluted, hydrogen peroxide can also be ingested.

Medical Cartel Sponsored 'Studies'

Of course, you have to know what you're doing. At higher concentrations, H₂O₂ is powerful and can burn tissue, but look to the alternative health press for information from practitioners who are actually using this therapy. Don't expect an honest assessment from the allopathic crowd. Like most cheap, unpatentable natural solutions, the pharmaceutical/organized medicine cartel will try to frighten you off from using these therapies with scare stories of exaggerated dangers, omission of relevant data, and insertion of misleading statements.

For example, they will point to rat studies that show increased stomach cancers from ingesting H₂O₂. By promoting this 'study', the cartel wants you to draw the conclusion that you will get stomach cancer from ingesting hydrogen peroxide without actually saying it. No additional details such as the concentration of the peroxide administered, frequency of dosage, quantity given vis a vis body weight etc., are provided about the 'study' in these press reports-only the bottom line conclusion:

Of course, most knowledgeable researchers know that rat studies don't equate to people studies. Rat

studies, in fact, have an extremely limited range of applicability for purposes of human extrapolation. In addition, most studies are funded by pharmaceuticals or government agencies and they have an agenda that has nothing to do with sincere scientific inquiry. Ralph Moss and Linus Pauling are two individuals who come to mind who looked at different cartel sponsored 'studies' and clearly demonstrated that the Big Boys can and will skew a 'study' in any direction they wish it to go. Scientific honesty among cartel sponsored investigative groups is a myth. All medical schools, teaching universities, and government health organizations such as the National Institute of Health (NIH), National Cancer Institute, National Academy of Science, etc., etc. are all under the cartel's propaganda umbrella.

Ozone

Ozone (O₃) is composed of three atoms of oxygen lightly bound together. One of those atoms can easily break away and form regular oxygen (O₂) and a singlet oxygen atom (O₁). Through oxidation, the singlet oxygen atom is capable of producing amazing healing results. Ozone can be produced with a hot or "cold" spark, with ultraviolet light, or with a method invented by **Nikola Tesla** called **cold plasma** ozone production. The cold plasma method produces **much larger** quantities of ozone and is the preferred means of production for therapeutic purposes. Larger, cold plasma ozone machines can only be legally purchased outside of the United States, but there are underground 'suitcase' size units being manufactured clandestinely in the U.S.. Smaller cold plasma ozone generators, however, are legally available in the U.S. as water purifiers (send e-mail <Editor@educate-yourself.org> for more info).

All cold plasma ozone generators can easily produce high quality **Ozonated Water**, which can be ingested as often as desired. The effects of drinking ozonated water on a regular basis can be very healthful. People with serious disease conditions will notice more-pronounced effects in a shorter space of time than those who are in good health, but the benefits of ozonated water are realized by all who use it, whether you have a serious health concern or not. The ozone from the ozonated water passes into the bloodstream via the stomach/small intestines and provides the benefits of ozone without the need for expensive equipment. Some people notice a very slight sensation of light headedness the first time they drink ozone water. It's temporary and usually only happens the first time- if at all. The reaction is due to slightly more oxygen reaching the brain than normal. Ingested daily, ozone water will progressively send ozone into deeper tissues of the body, oxidizing non organic drug residues and hidden, dormant pathogens. You might be surprised to learn that the virus that gave you chicken pox as a child or herpes as a young adult is still hidden deep within the body such as in the nerve ganglion at the base of the spine. Your immune system developed antibodies which normally hold these residual bugs in check, but that doesn't mean that the bugs are gone, as any person who suffers recurrent bouts of herpes will attest. But if you hit them long enough and hard enough with ozone (or certain other alternative therapies), they *will* be gone-for good.

Another useful product that can be applied topically is called **Ozonated Olive Oil**. It is made by bubbling ozone through olive oil for a considerable period of time (weeks) until the olive oil eventually becomes saturated with the ozone molecules and becomes much thicker. Afterwards, the product can be applied

as a balm to infected areas and will often greatly promote and/or speed healing.

Methods of Ozone Application

Medically, ozone can be applied in different ways. One of the oldest methods, used in Germany for over 60 years, is called **Autohemotherapy**. This technique involves removing about a pint of blood, ozonating it, and returning it intravenously to the patient. It works, but it's rather limited in the amount of ozone applied.

Another method has the patient hooked up to a dialysis type machine with blood coming out one arm, going through the machine for ozonation, and returned via tubes hooked up to the other arm. You get a lot more ozone into the body with this technique, but the pumping mechanisms used to push the blood around can damage the membranes of the red blood cells somewhat.

A third technique is called **Ozone Injection**. Like its name implies, the ozone is carefully and slowly injected into the patient. Ozone, remember, is composed of oxygen atoms. Oxygen *dissolves* into the blood; it does not form bubbles in the bloodstream like air, which is composed of oxygen and 80% nitrogen. Many ozone specialists prefer this latter method, but each of these ozone techniques have their advocates.

Bioelectro Medicine

There are a number of devices that use **specialized electric fields** to alter the function or condition of targeted tissue, organisms, or cells within the body. These electric fields can be programmed to promote

the healing of healthy tissue or inhibit the growth of undesired organisms. Where there are electric fields, there are also **magnetic fields**, usually rotated at 90 degrees to each other. The interplay of the electric and magnetic fields play a role in this therapy, but the frequency, the shape of the wave, the duration and polarity of the pulse, etc., all play into the mix and can make the difference between success or failure depending on the care and attention given to these parameters.

This is not necessarily a new technology. At the turn of the 19th century, **Nikola Tesla** patented many Electro-inventions that demonstrated incredible health-promoting attributes; some of them based on the use of his high frequency, high voltage DC pulse generator circuits which produced a new ether-derived form of energy called *Radiant Energy*. Tesla had even patented a highly efficient cold plasma ozone generator by 1893.

Dr. Royal Rife

In the late 20's and early 1930's, **Dr. Royal Raymond Rife** from San Diego, California, developed a high powered microscope which he used in conjunction with a frequency generator. Using special UV light, Rife's microscope was capable of 60,000x magnification! This degree of magnification allowed him to observe LIVE virus and bacteria organisms while he applied the **MOR** (Mortal Oscillatory Resonance) frequency from his frequency generator via plasma tube radiation of the energy. He was able to destroy all manner of disease organisms (including cancer related organisms) by merely '*tuning*' the generator to the correct resonant frequency of these organisms and applying the oscillating electric fields via the plasma driven,

"Beam Ray Tube". Everything in the universe, living or dead, and its own **resonant frequency**. If you apply this exact resonant frequency to the object or organism, it will begin vibrating until it literally shatters itself. You've all seen the wine glass and the opera singer demonstration. Same deal for microbes.

60,000x magnifications is an unheard of degree of magnification in a light microscope, even by today's technical standards. Today's electron microscope can deliver high magnification, but it can only view DEAD organisms. The ability to view micro organisms in a LIVING state is of great importance to diagnostic and therapeutic goals. This is an extremely important point to understand.

Rife's microscope played no role in the actual destruction of the pathogenic organisms, but it allowed him to view the effects of the electric fields from the Beam Ray Tube upon the organism itself. As Rife adjusted and tuned his frequency generator to the correct frequency, he was able to observe the disintegration of the bacteria, parasite, or virii under the influence of the resonant electro-magnetic fields exerted by the Beam Ray Tube.

At first, Rife's enormous accomplishments were ballyhooed in the press. He was feted and hosted by the local medical elites of the day who were hoping to climb onto the Glory Bandwagon with him and get their mug published in the newspaper as a supporter and cohort of the "man who could finally end cancer". But the *Big Boys* finally caught up with him. I'm referring to the string pullers in organized medicine and the pharmaceutical industry. Needless to say, once word of Rife's success began to spread too wide, he was quickly 'neutralized' by organized medicine and demoralized into obscurity (unending

court litigation, charges of quakery, intimidation of financial supporters, the burning down of laboratories, etc...the "usual' routine). His principle persecutor was the head of the American Medical Association and chief editor of the *Journal of the American Medical Association*. His name was Dr. Morris Fishbein and he never treated a patient in his life. He was motivated more by an unmitigated lust for greed and power, and less by a desire to save lives. Failing to convince Rife to sell him the exclusive rights to his technique and therapy, Fishbein set out to crush Rife with a vengeance. The outrageous injustices against Rife by Fishbein and the medical establishment are explained in great depth in a book by Barry Lynes called *The Cancer Cure That Worked*.

Some of the best books about Rife were written by Barry Lynes (e.g. *The Cancer Cure That Worked*). Dr James Bare of Albuquerque, New Mexico has also published a manual and video on how to build your own Rife device (<http://www.rt66.com/~rifetech/>). See the special page devoted to Royal Rife links that will bring you to many excellent web sites talking about Rife and his work (<http://educate-yourself.org/cancer/rifelinks.shtml>).

Georges Lakhovsky

Another brilliant observer and thinker was the Russian-born engineer, Georges Lakhovsky. Lakhovsky theorized that the genetic filament stands within the nucleus of a living cell acted as a **coil** and exhibited all the properties properties required of an **oscillator**; namely: *inductance*, *capacitance*, and *resistance*. Lakhovsky postulated that all living cells, **including disease organisms**, could act as both an

emitter and receiver of very high frequency oscillations.

According to his theory, a state of health or disease was dependent on whether the oscillations from healthy cells were maintained (a state of equilibrium) or were overtaken by the oscillations of disease-causing cells (disequilibrium). He found that he could boost the oscillatory level of weakened cells and overcome disease by attaching a simple coil-shaped 'antennae' to the affected area and leaving it in place. Lakhovsky referred to these antennae as oscillating circuits and they were worn by people as collars, belts, or bracelets. He claimed that his 'antennae' captured and focused *sympathetic waves* from the cosmos (cosmic waves) which *resonated* with harmonics of the fundamental frequency at which the weakened cell oscillated.

Whenever additional oscillating energy (from cosmic waves), of the same frequency or harmonics of that frequency, are introduced into an oscillating circuit (the nucleus of the cell), the oscillations within that cell will be strengthened through a phenomena of physics called **resonance**. According to Lakhovsky, the now-strengthened oscillations emanating from the formerly weakened human cell could now overtake the oscillations of the disease-causing organisms and cause them to diminish in strength and subsequently die off.

Lakhovsky conducted an experiment with plants in 1924 to establish the validity of his theory. He inoculated ten potted geranium plants with a plant disease that causes cancerous tumors. Coiled around the stem of one of the geraniums, he affixed an open ended coil of thick copper wire about 30 cm in diameter. It was held in place by an ebonite stake

stuck into the pot. While the other nine inoculated geraniums quickly succumbed to the cancerous disease, the one geranium with the attached coil (the ‘antennae’) sloughed off the cancerous growth and thrived into a robust and healthy plant. Lakhovsky had similar success when these antennae coils (the ‘oscillating circuits ‘ mentioned above) were used with people and animals. He later expanded his research with the development of the **Multi-Wave Oscillator** (explained below).

Lakhovsky's Multi-Wave Oscillator (MWO)

Geroges Lakhovsky published an extremely important book into French, German, Italian, and Spanish in the 1920's called *The Secret of Life*. Unfortunately, it wasn't available in English until September, 1939-at the very outbreak of World War II. Occupied with the emerging drama of World War II, the book went unnoticed and unreviewed. Thanks to Dr Bob Beck, however, many researchers are today re-discovering Lakhovsky's astounding Multi-Wave Oscillator. This instrument manufactures a broad range of high frequency pulsed signals that radiate energy into patient via two resonators: one resonator acting as a transmitter and the other as a receiver. The patient sits on a wooden stool in between the two resonators and is exposed to these energies for about 15 minutes. These energies increase the resonance of healthy cells and create disequilibrium in disease organisms. His clinical results created a lot of excitement in Europe where his reputaion quickly spread.

Bob Beck Rescues Lakhovsky's MWO from Obscurity

In the early 60's, **Dr Bob Beck** found an original Lakhovsky Multi-Wave Oscillator in the basement of a well known southern California hospital. He took it apart and described exactly how it was built in a series of articles published by *Borderlands* in 1963. After Beck's articles were published, a number of builders began to assemble MWO's and the word started to spread.

Two MWO builders who lived on the west coast, using the information contained in Beck articles, began making and selling a lot of Multi Wave Oscillators. Apparently they worked fairly well because the FDA got word of the MWO's growing popularity and told Beck to come to Washington. Beck and the two builders were told to lay off promoting the MWO and stop building them. They were told in no uncertain terms to cease and desist immediately ...or else.

Beck and one of the MWO builders, Ed Skillings, complied, but the second builder, Ralph Bergstresser, was determined to keep going, so he actually formed a church dedicated to the worship of the MWO. Yes, you read that correctly. And, for a couple of years at least, his 'parishioners' were able to come to church, sit around the MWO-perched high atop an altar, with resonator antennas glowing - and received the 'blessed waves' from the Sacred Oscillator. It helped a lot of church goers, until the 'pastor' was finally thrown into the slammer by the Feds and had his modern version of the Ark of the Covenant hauled away. He got out after a couple of years, but still went on building MWO's anyway, distributing them through underground sources. Many present day

owners of properly working MWO's are either using units built by or copies of the "pastor's" work (now why isn't there an *Oscar* category reserved for a guy like that?).

Blood-Electrification

In recent years, different electro-medicine units have been promoted at health expos and through magazine articles, interviews, books, etc.. One of the more interesting devices is the **blood electrifier** of **Dr Bob Beck**. I've seen laboratory reports and Institutional Review Board studies that seem to clearly support claims made by Dr Bob Beck that his blood electrification device has caused 'complete spontaneous remission' in literally thousands of AIDS patients, cancer patients, and chronic fatigue sufferers among others. Dr Beck discovered the possibilities offered by blood electrification after reading a short article in **1991** in a journal called *Science News*.

The Discovery

In the Fall of 1990, two researchers, Drs **William Lyman** and **Steven Kaali**, working at Albert Einstein Medical College in New York City made an important discovery. They found that they could inactivate the HIV virus by applying a low voltage direct current electrical potential with an extremely small current flow to AIDS infected blood in a test tube. Initially, they discovered this in the lab by inserting two platinum electrodes into a glass tube filled with HIV-1 (type 1) infected blood. They applied a direct current to the electrodes and found that a current flow in the range of **50-100 microamperes** (uA) produced the most effective results. *Practically all of the HIV viral particles were*

adversely affected while normal blood cells remained unharmed. The viral particles were not directly destroyed by the electric current, but rather the outer protein coating of the virus was affected in such a way as to prevent the virus from producing **reverse transcriptase**, a necessary enzyme needed by the virus to invade human cells. Reverse transcriptase allows the virus to enter a human **T cell** line (called **CEM-SS**) and commandeer the DNA reproduction machinery. After using the host cell to reproduce itself into thousands of new virii, the swollen host cell (now called **syncytia** or giant cell) will burst and spew the contents into the bloodstream or lymph system. This is how the virus spreads, but lacking reverse transcriptase, the HIV virus can't invade the host cell and it becomes vulnerable to destruction by the body's immune system.

Getting the Word Out?

A brief announcement of this discovery appeared in *The Houston Post* (Mar 20, 1991), then in *Science News* (Mar. 30, 1991 pg. 207) and later in *Longevity* magazine: (Dec.1992 pg. 14). Following their work in the Fall of 1990, Kaali and Lyman presented their findings at the First International Symposium on Combination Therapies (an AIDS conference) in Washington DC on March 14th, 1991. Kaali outlined two methods for treating an AIDS patient with this new therapy: One method involved removing a small amount of blood, electrifying it and then returning it to the patient's body. The second method involved sewing a miniature electrifying power supply along with two tiny electrodes directly into the lumen of an artery. For long term treatment, the mini electrifying unit needed to be removed and relocated to a new artery site after 30-45 days since scar tissue and calcification forming around the implant unit would

lead to artery blockage. Kaali (along with co-inventor Peter Schwolsky) filed for a patent on this implantable electrifying device on Nov 16, 1990 and nine months later was granted patent #5,139,684 on August 18, 1992. It's interesting to note two things here:

1. In order to obtain a patent from the United States Patent Office, Kaali and Schwolsky had to **prove** that the device **works as claimed**. Lacking solid proof, patents are simply not granted.
2. Very often it takes *years* to obtain a patent, yet this patent was granted in only nine months; a further indication to me of the strength their proven claims

It's also interesting to note that other than the 3 publications mentioned above and the March '91 AIDS conference, **nothing** again appeared in print, radio, or TV about this important discovery as a potential treatment and cure for AIDS from Kaali and company. Most knowledgeable observers feel that Kaali and Lyman's discovery was intentionally suppressed following the March '91 AIDS conference presentation. If AIDS research was on the level and not the sham that it actually is, this should have made front page news around the world. By the way, in July (2000), a woman with Mycoplasma Incognitus (Gulf War Illness) E mailed me and told me (after reading this story) that she had called Albert Einstein College and spoke directly with Dr William Lyman, one of the co-discoverers of blood electrification. She wanted to know how effective he thought blood electrification would work against mycoplasma. Lyman told her that he had no idea what she was talking about. He denied knowing anything about blood electrification and couldn't give her any information about it at all. Such is the vice grip power of the medical cartel.

Enter Dr Bob Beck

A man named **Professor Walter Schritder** drew **Dr Robert C. Beck's** attention to the above mentioned item in *Science News*. Beck looked up the patent and decided to try and duplicate the therapy, but he wanted to do it non-invasively; that is by applying the electric current from outside the body. Now if you apply a direct current (DC) potential to the skin, you're going to get an **electrolysis effect** and that can cause problems, so Beck designed a circuit that varied the voltage with an alternating current (AC) at a very low frequency and avoided the electrolysis problem. The waveform that Beck chose is not the typical sine wave seen in AC household outlets, but rather is a **bi-phasic square wave**. Square waves generate a large number of **harmonics**. Harmonics are frequency multiples of the original frequency. For example, a 4 Hertz (hz) square wave can produce harmonics (with the right equipment) of 8 hz, 16 hz, 32 hz, etc. right up into the *radio frequency* range. Beck finally settled on 3.92 hz as the ideal base frequency and assembled a schematic of the simple square wave oscillator, including a complete parts list. He used short, one inch lengths of stainless steel welding rods with attached wires for electrodes and started to experiment on himself.

Gradually, he began feeling stronger, had more energy and started losing his excessive weight (he was over 300 lbs at the time). After a 7 or 8 months, his weight was down to 150 lbs and he felt better than ever. He went on the lecture circuit, talked for free, and gave the schematic and related construction/protocol information away without charge. AIDS patients, particularly, experienced dramatic reversals of their deteriorating conditions using the blood electrifier, but the unit seemed to

help many other conditions as well, whether autoimmune, viral, or bacterial in origin.

Pulsed, Electro-Magnetic Therapy

Pulsed- low, mid, and high frequency AC signals, when applied to the body, can produce therapeutic electric/ magnetic fields. Properly configured, they can also produce **scalar waves**. The special attributes of scalar waves were first described mathematically by **James Clerk Maxwell** in 1873, and later by Nikola Tesla. A certain type of pulsed electro-magnetic field, with their attendant scalar waves, seems to stimulate re-growth and regeneration in injured tissue. Covalent waves (conventional sine waves) do not have the same effect. **Dr Robert O. Becker**, M.D., discusses this phenomena in two of his recent books that deal with electro-medicine: *The Body Electric* (1985) and *Cross Currents* (1990).

NUTRITIONAL THERAPIES

Introduction

"You are what you eat! ". Did your mother ever tell you that? Well, mine did, but I didn't appreciate the wisdom of those words until I approached middle age. Today, I realize that the biggest impediment to enjoying a truly robust state of health is the Standard American Diet (aptly abbreviated, SAD). While we could spend a lot of time on details, a short version of the SAD diet can be summarized as follows:
Refined and processed foods can ruin your health and lower your immunity, setting you up for disease conditions.

In order to obtain a higher level of immunity and improved health, it's necessary to stop eating processed, refined foods and *start eating whole, unprocessed raw-as-possible vegetables, beans, grains, nuts, sea plants (seaweed), a small amount of fish life if you want animal protein, and lots of pure, clean water.*

Change Gradually

If you try to change everything about your diet all at once, you won't stick with it. Go slow. Change **one item at a time** and **get accustomed** to the healthier alternative before tackling another.

Start with **soft drinks** (or *soda*). All soft drinks are simply ruinous to your health. *Coke, 7-Up, Pepsi, Sprite, Dr Pepper*, etc. It's ALL GARBAGE and it's RUINING YOUR HEALTH. Read the ingredients on the side of a can of soda. It will usually list 17-24 grams of sugar. That's the equivalent of **6-10 teaspoons of sugar** with each and every 12 oz can that you're guzzling down. When you ingest refined sugar, you lower your body's immunity for FOUR HOURS. If you're drinking soft drinks here and there throughout the day, then you're keeping your immunity **suppressed all day long**. People with suppressed immunity seem to easily pick up every bug that's going around. Have you ever noticed that little connection in people (especially teenagers) who drink sodas all day long?

Another problem with soft drinks is the tremendous amount of PHOSPHOROUS that's contained in them. Large amounts of phosphorous are bad news for the body because they combine with other minerals (like Calcium) and tie them up for eventual excretion. Now calcium is a mineral that your body

DOES NEED in large amounts in your bloodstream for daily use. If your soft drink is yanking the calcium out of your blood stream, where does the body get the calcium it needs for everyday jobs? Why, it gets it from your teeth and bones!

Women who are worried about **osteoporosis** would be way ahead of the game by avoiding soft drinks (and excess animal protein), instead of going broke buying calcium supplements at the health food store (which are mostly exiting out the other end anyway).

Replace the soft drinks with WATER. It usually takes a couple of days to break a sugar addiction (oh, you never thought of YOU as being addicted to anything? Well, answer me this: Do you have a CRAVING for soft drinks when you don't have them? If you do, then you are **definitely addicted**). Satisfy your desire for sugar by eating sweet fruit (like bananas) during the adjustment period. Eventually you will come to love drinking water, especially ozonated water. The more you drink, the better you'll feel. Try it.

The Budwig Diet

Germany's 90 year old **Dr Joanna Budwig**, *nominated 6 times for the Nobel Prize*, has made the most remarkable discovery of them all! After 30 years of research, she has found that 2 simple food items: 1. **Flax Seed Oil** (cold-pressed, unprocessed) and 2. **Low Fat Cottage Cheese** will CURE or prevent many forms of cancers and a long list of other degenerative disease including cardiovascular diseases and skin diseases! Unprocessed flax seed oil provides 2 essential fatty acids seriously deficient in the standard American diet: Linolenic and Linoleic acids. These two unsaturated fatty acids have 3 high-

energy double bonds (pi-electrons) in their outer electron shells. These fatty acids affect the membranes of animal cells and permit a thousand-fold increase in oxygen transport and assimilation! By substantially increasing the oxidation potential within the cell, Dr Budwig proved what her German predecessor, Dr Otto Warburg, had discovered 30 years earlier: cancer cells cannot survive in an oxygen-rich environment. With sulfur-rich protein and calcium provided by the cottage cheese, all the elements are in place for membrane repair and increased energy transfer. A 2001 news item posted on the Internet from Duke University caught my attention (and ire) claiming to be hot on the trail of a 'new' discovery concerning the anticancer benefits of flax seed oil. I contacted the editor and set him straight on a few historical facts. To recover from cancer, the Budwig Diet needs to be taken in conjunction with a strict, health-promoting diet free of processed, devitalized foods (see the Gerson Therapy below).

Urine Therapy

In 1945, John W. Armstrong published a book called *The Water of Life, A Treatise on Urine Therapy*. The book explored the difficult-to-accept idea that drinking one's own urine will promote healing and restore health to those afflicted with grave illnesses. Martha Christy also published a book on this topic titled *Your Own Perfect Medicine* in the late 1980's. I highly recommend reading both of them. Christy's approach is more technical and includes injections of prepared urine tissue and taking urine drops under the tongue.

Armstrong's approach is simpler: To resolve life-threatening disease conditions, drink every drop of

your own urine and neither eat nor drink anything else until you are completely well!! In his book, Armstrong provides the history of many, many patients with a variety of serious conditions (cancers, massive infections, heart conditions, etc.) who were frequently near The End. In some cases, the patient was so gravely disabled, that he couldn't produce any urine of his own. In those cases, Armstrong would 'jump start' the patient with his own urine.

Afterwards, the patient was able to produce a small amount of his own. With each subsequent ingestion of urine, the patient would gain in both strength and relief from pain. For the most serious cases, patients drank nothing but their own urine for periods of 90, 120, 150 days! Some, even longer. Armstrong points out that rubbing the body with old urine (for a substantial period of time, e.g. 1-2 hours) is a necessary adjunct treatment to ingestion in very serious cases. In less severe cases, rubbing with old urine will clear up most skin conditions and produce a smooth, blemish-free skin if applied regularly (ladies, take note). Why this works is explained at length in the books, but briefly the

1. replenishment of vital tissues lost to the ill patient through the urine and the

2. reingestion, refinement, and re-filtering of antibodies and other immune enhancing substances allows the body to exclusively concentrate on destroying, unclogging, and removing the offending organisms and diseased tissue, without the burdens of routine work such as digestion and normal detoxification

Of course, we normally think of both urine and stool elimination as waste, but urine, unlike faeces, is totally sterile. Mind you, it's the filtrate of your own

blood. Many people in normal health drink urine daily in order to keep their health and maintain physical beauty. Get the books and read them. In the event of survival difficulties, this simple technique can save your life.

Beyond the Urine Therapy Story, I knew I had discovered a trusted and kindred spirit when Armstrong began the book's Introduction with the following words: "Owing to the increasing part played by vested interests in many branches of human endeavor, not least in the very lucrative providing of remedies for disease, intelligent members of the public, are growing more and more distrustful of orthodox medical methods."

He continued the book's Introduction by asking why, after more than 50 years (as of 1945), can orthodox cancer researchers only offer the knife, radium, or X-rays to address this malignancy after so much time, money, and effort has been expended to discover its cause and cure? The author further inquires, why, after so many letters from doctors testifying to the highly unsatisfactory results of radium treatment (repeatedly published in the British Medical Journal), did the Cancer Ring (the Cancer Establishment or Cancer Industry as we would refer to it today) continue to tout radium as the "best" therapy? Finally, why, did the Cancer Research Ring, who "still asks the public to donate large sums of money towards the discovery of a cure", continuously discount and belittle effective treatments for cancer, when those therapies were proposed by practitioners of non-orthodox medicine?

58 years later, nothing much has changed when it comes to the politics of Big Medicine. Today, we know the answers to John Armstrong's questions.

Only the most naive and uninformed among us continue to believe the party line spouted by the pharmaceutical/medical establishment and their propaganda flunkies such as the *The American Cancer Society*: "The Cure for Cancer is just around the Corner"; "Get a Checkup and Write a Check"; "The Race for The Cure"; "Marathon to Beat Breast Cancer"; etc. It's pure rot: nothing but lies to bilk the trusting and believing public out of their money and fend the appearance of doing honest research. The promoters and planners of these publicity/ fund raising events deserve the greatest possible condemnation for their deceit.

